

Free resources to support your efforts:

Motivational Interviewing Videos with Dr. Lundahl & Colleagues



Preventing Suicide Using Motivational Interviewing: Skills to Promote Confidence & Hope

513 views • 3 months ago



Motivational Interviewing - Case Management in Shelters

266 views • 5 months ago

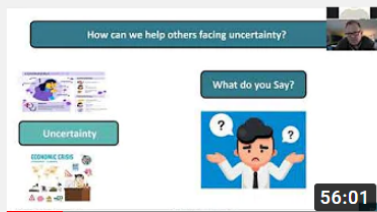
(This video is a demonstration of motivational interviewing skills in action. Skills presentation, demonstration, learning assessment and worksheets are available at our full training at www.esympr.com.)



Responding to Addiction: Blending Motivational Interviewing and Acceptance Commitment Therapy

184 views • 2 months ago

Addiction can destroy individuals and families. Fortunately, there are well-established and evidence based approaches to help individuals recover from addictions. In this webinar Brad Lundahl, PhD,...



Responding to Uncertainty: Motivational Interviewing Informed Decision-Making Models for Counseling

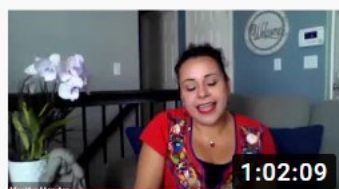
165 views • 3 months ago

The financial crisis and COVID-19 have introduced massive amounts of uncertainty into our lives, leaving many of our clients, patients, and students feeling fear and doubt about how to proceed. How...

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<https://esympro.com/webinars>

<https://www.youtube.com/channel/UCIT76ILrLUL5ktcPTnk8yjQ/videos>



To-Do's and Taboo's: Counseling Diverse Clients

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59 views • 3 weeks ago

<https://www.youtube.com/watch?v=07ErNQKd2jE&t=11s>



Part 1 - Critical Components of Effective Supervision: Merging Implementation Science and MI

92 views • 1 month ago

The focused skill-building associated with supervision in reach settings is specially designed to move clinical skill improvement for the supervision hours to the service delivery clinician. The st...

<https://www.youtube.com/watch?v=CODzlh0LGc4>

Enhanced Motivational Interviewing

- Mobile Video Content
- Interactive Lessons
- Live Coaching
- CEUs



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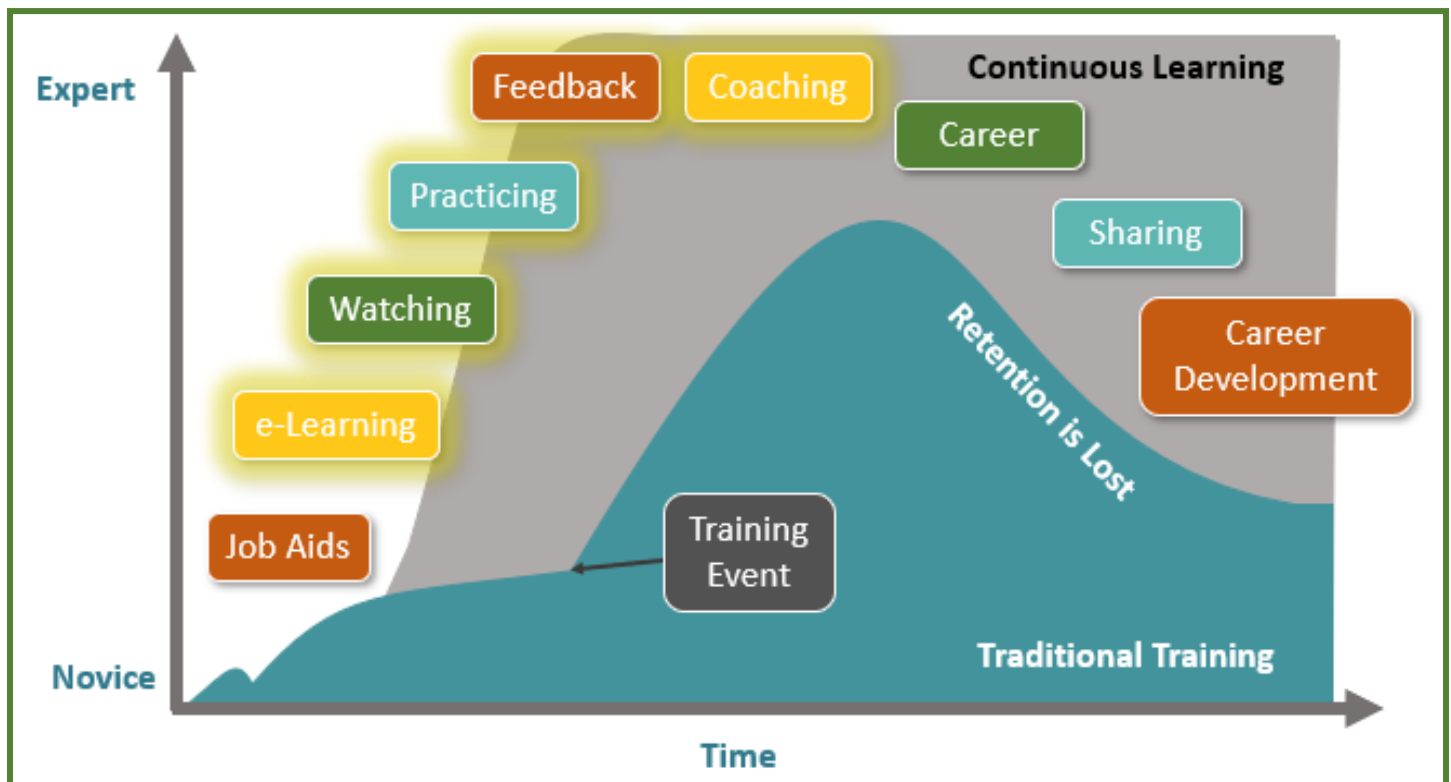
Symposia Simplified

How it works:

- 1 Learn 
- 2 Watch 
- 3 Practice 
- 4 Feedback 

Decoding patient language with essential skills

Using the Continuous Learning Model for sustainability



Benefits:

This enhanced style of motivational interviewing helps increase patient engagement, client participation, and progress through treatment. It decreases client no-shows, resistance to change, confusion, and ambiguity.

Differentiators:

Offering a flipped classroom-style of learning increases scalability & efficiency for large customers by allowing students to learn at their own pace and practice before receiving live coaching & feedback.

Why is this an enhanced style of Motivational Interviewing?

Brad Lundahl, PhD is a licensed psychologist who has developed this content for clinicians to provide skills to battle client apathy & resistance. This tailored coaching along with 33+ learning modules, 50+ video examples, with detailed learning guides will help lift clients' motivation.

Contact eSym for more information today at contact@esympo.com or visit www.esympo.com