



# Kids are Different: Centering Child & Youth Perspectives in Juvenile Cases

25<sup>th</sup> Anniversary

Through the Eyes of a Child Conference

August 7-8, 2022





# Supporting Youth with Serious Behavioral & Mental Health Needs

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# Behavioral Health?



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Describes the connection between behaviors and the health and wellbeing of the individual

Mental health counseling, psychiatric services and substance use treatment are examples of Behavioral Health treatment

# Behavior Rehabilitative Services?



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BRS provides behavioral interventions, like individual and group skills training and rehab counseling, to help remediate emotional and behavioral disorders

It is rehabilitation, not Behavioral Health



Home/Community Based Settings

In-Home Supports

Resource (Foster) Care

Proctor Foster Care

Independent Living

In-Home DD Supports

Children's Intensive In-Home Services

ID/DD Foster Home

Outpatient BH Services

Non-Medicaid BH Specialty Services

Intensive In-Home Behavioral Health Treatment

Psychiatric Day Treatment

**KEY**  
Child Welfare &  
Oregon Youth Authority  
Developmental Disabilities (DD)  
OHA Behavioral Health (CCO)  
OHA Behavioral Health (Non-CCO)

# Oregon's Children's Continuum at a glance

## Home/Community Based

Out of Home or facility  
Based Settings

- Contracted shelter
- BRS Residential
- BRS Intensive Residential
- BRS Short-Term Stabilization
- BRS Intensive Behavioral Support

- ID/DD Group Home
- Stabilization and Crisis Unit (SACU)

- Transition Age Youth Residential
- SAGE (CSEC Residential)
- Psychiatric Res. Treatment Services
- Subacute Psychiatric Care
- Secure Inpatient Program

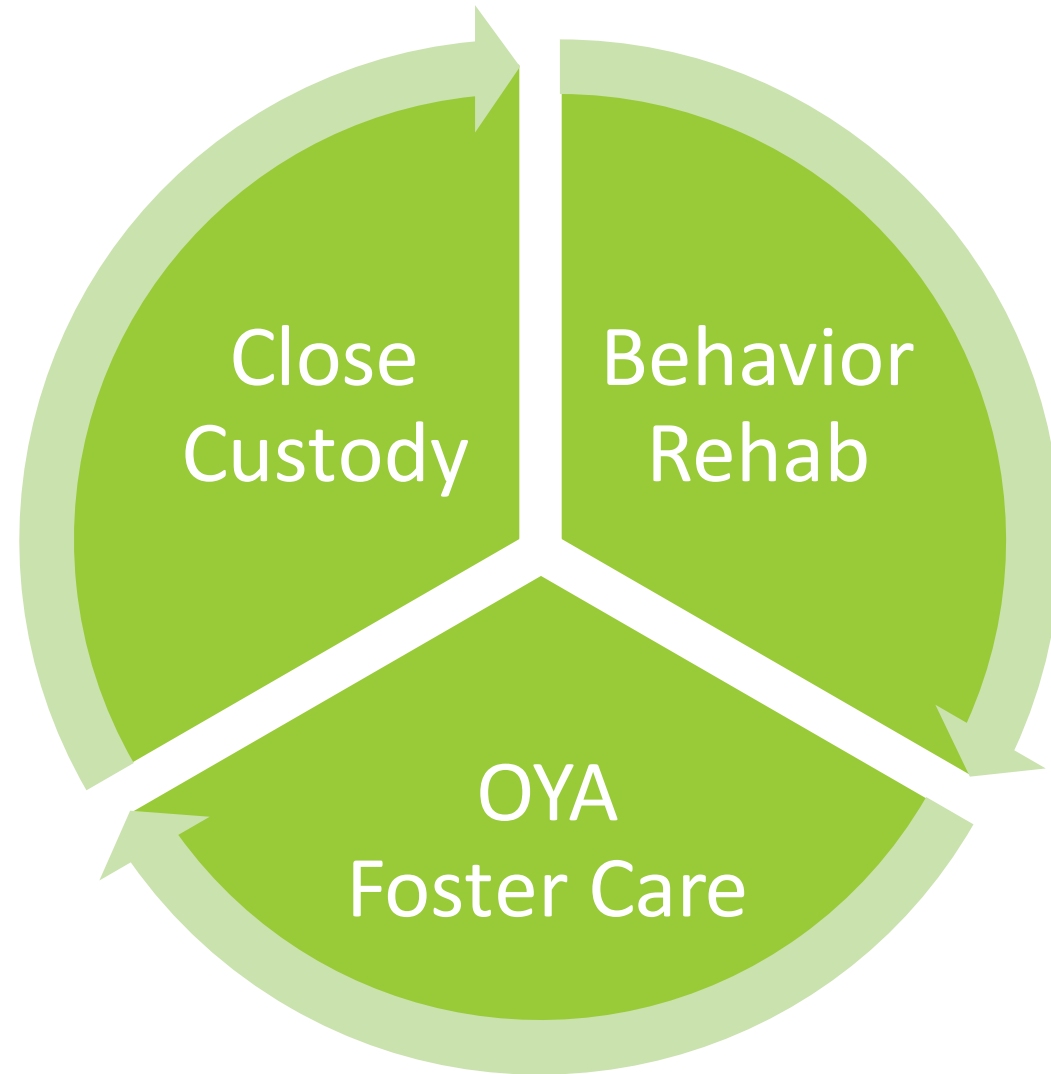
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# Oregon's Children's Continuum at a glance

## Facility-Based

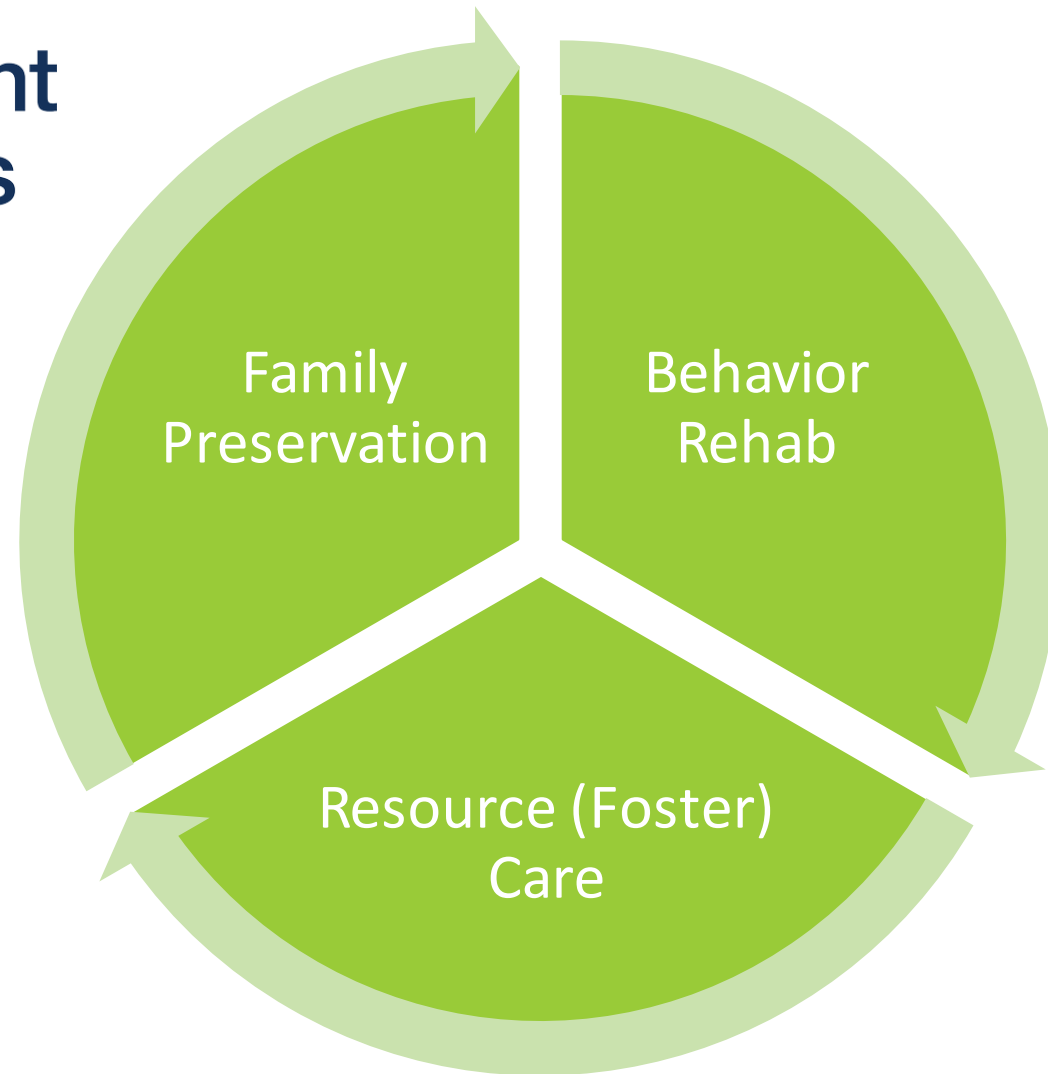


Is responsible for...





Child Welfare is responsible for...

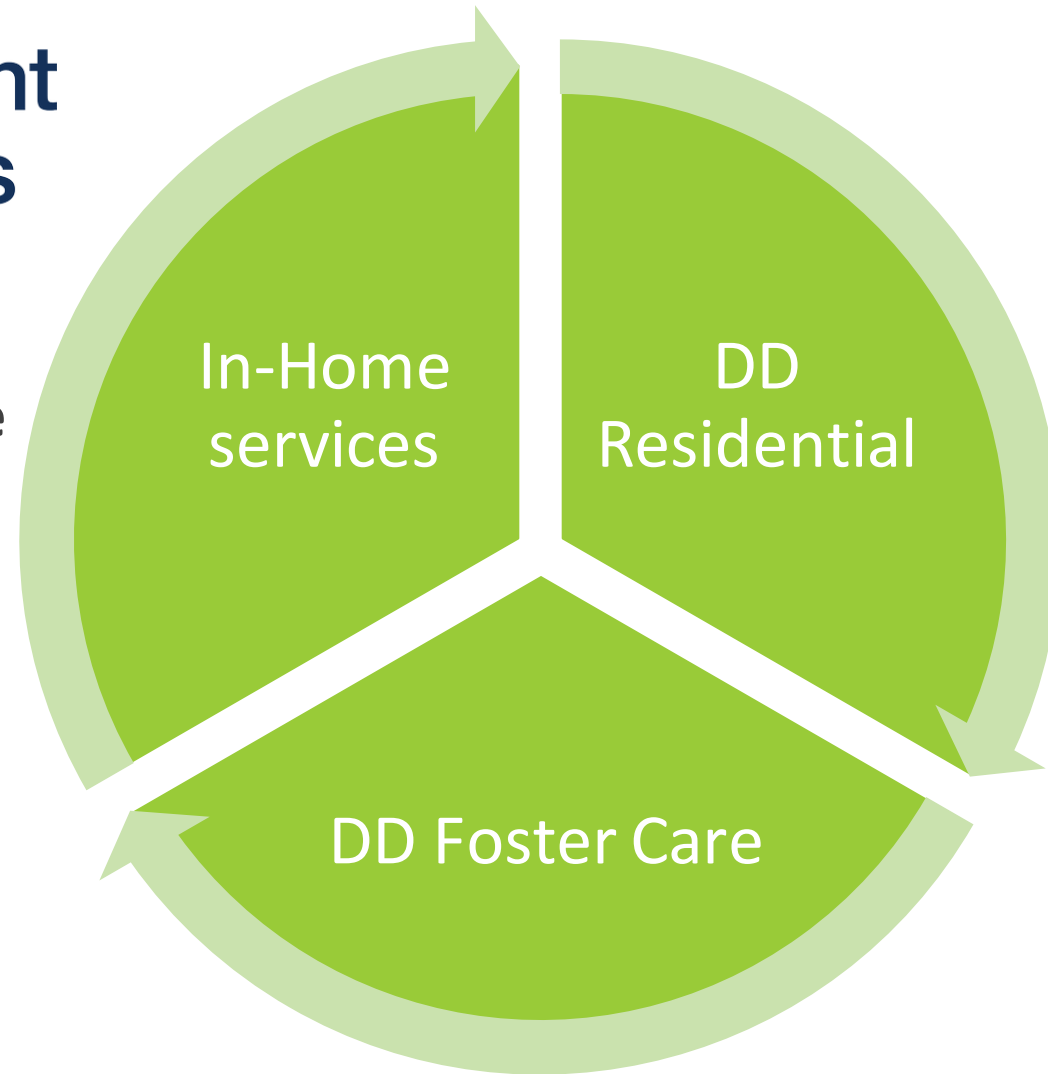






# Oregon Department of Human Services

Office of Developmental Disabilities Services is responsible for...





Is responsible for...



# Oregon Health Authority (OHA)



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Responsible for children's behavioral and mental health needs

# OHA

## Mental Health and Substance Use Services

### Intensive Behavioral Health Treatment

- Substance Use Disorder (SUD) Residential Treatment
- Psychiatric Residential Treatment
- Secure Children's Inpatient Program (SCIP)
- Secure Adolescent Inpatient Program (SAIP)

### Outpatient

- Standard – office based, typically once a week
- Intensive – individualized, office or community based, may include skills training, psychiatric services

### Other

- Day Treatment
- Substance Use Disorder Outpatient Treatment
- OHA Young Adult Programs (YAP)

You can ask your CCO about **lifestyle classes** and programs that can help you learn about topics like:

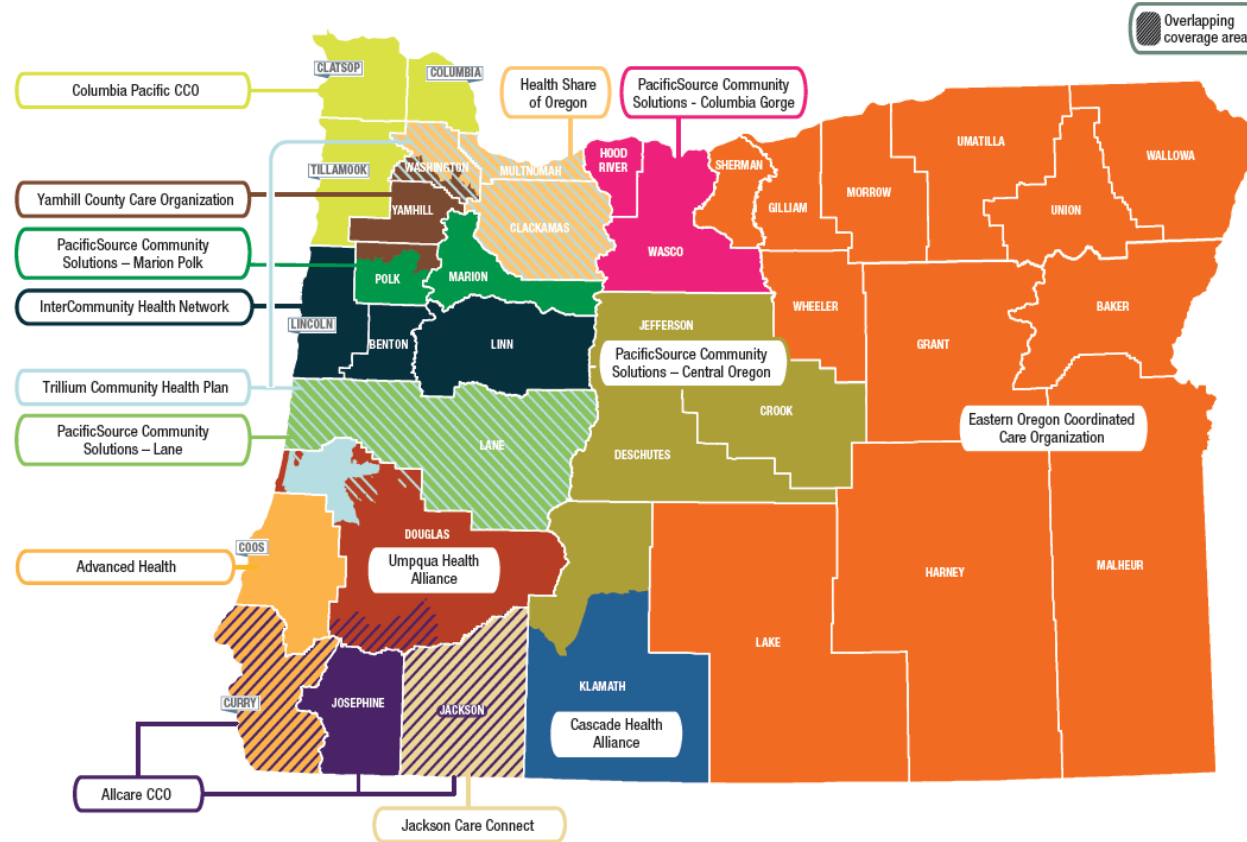
- Managing or preventing illness
- Nutrition and exercise



## Coordinated Care Organizations (CCO)

A network of health care providers serving people who receive health care coverage under the Oregon Health Plan administered through the Oregon Health Authority (OHA)

# Coordinated Care Organization 2.0 Service Areas



OHA 8116 (Rev. 09/2020)

## CCO Service Area Map



# Oregon Youth Authority (OYA)

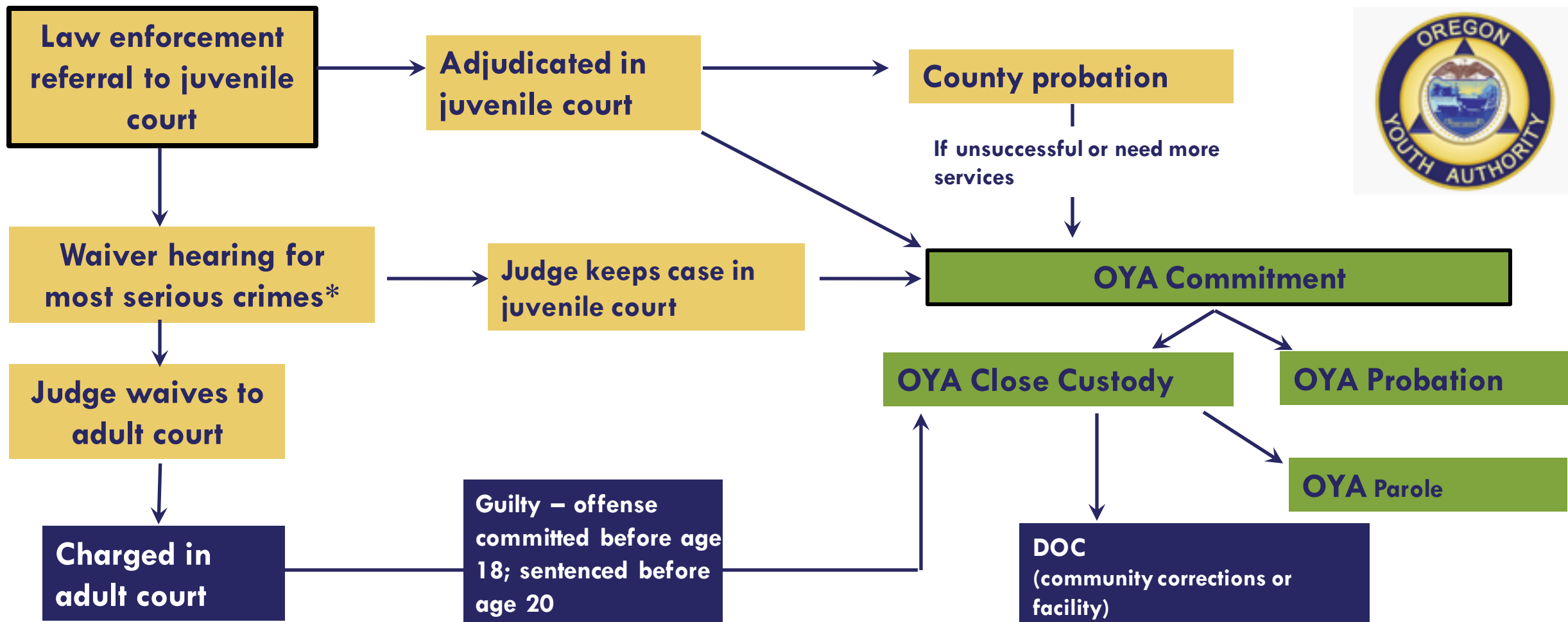
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Responsible of protecting the public and reducing crime by holding youth accountable and providing opportunities for reformation





# OYA's Approach



# Oregon's Juvenile Justice System

\*Waiver hearings only happen if requested by prosecutor

# OYA Quick Facts:

## Total Youth: ~1,000

- 60% Community Supervision
- 40% Close Custody

## Race/Ethnicity:

- Black, Indigenous and People of Color: 44%
- White: 52%
- Other/unreported: 4%

Youth with a mental health diagnosis: 82%



# OYA Community Services

## OYA Parole/Probation:

- Access to community treatment resources
- Community Supervision and Support

## Residential Services:

- Shelter
- Short Term Stabilization
- Independent Living Program
- Proctor Care
- Basic Residential
- Intensive Behavioral Support
- Youth Care Center

## OYA Community Residential Programs



\* Numbers indicate how many separate programs are at that location

January 2019

# OYA Close Custody Mental Health Services

\*\*OYA cannot “fast track” youth into acute mental health settings

## Milieu Environments

- MH Units ≠ Psychiatric Residential
- Provide safety and structure
- Basic Skill Building

## Treatment Services

- Individual/Group Skill Building
- Offense Specific Treatment
- Substance Use Treatment
- Barriers to Therapeutic work

## Psych Services

- Med Management
- Psychological Evaluation



# ODHS Child Welfare

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Part of a larger statewide family serving system responsible to support a safe, stable and healthy life for children, families and communities



Oregon Child Abuse  
Hotline

Child Safety:  
Child Protection  
Services

Permanency:  
Foster Care,  
Reunification,  
Adoption, Guardianship

Youth Transitions  
Program

Fatality Prevention and  
Review

Health and Wellness

Foster Parent  
Recruitment &  
Retention

Treatment Services

ICPC  
Interstate Compact for  
Placement of Children

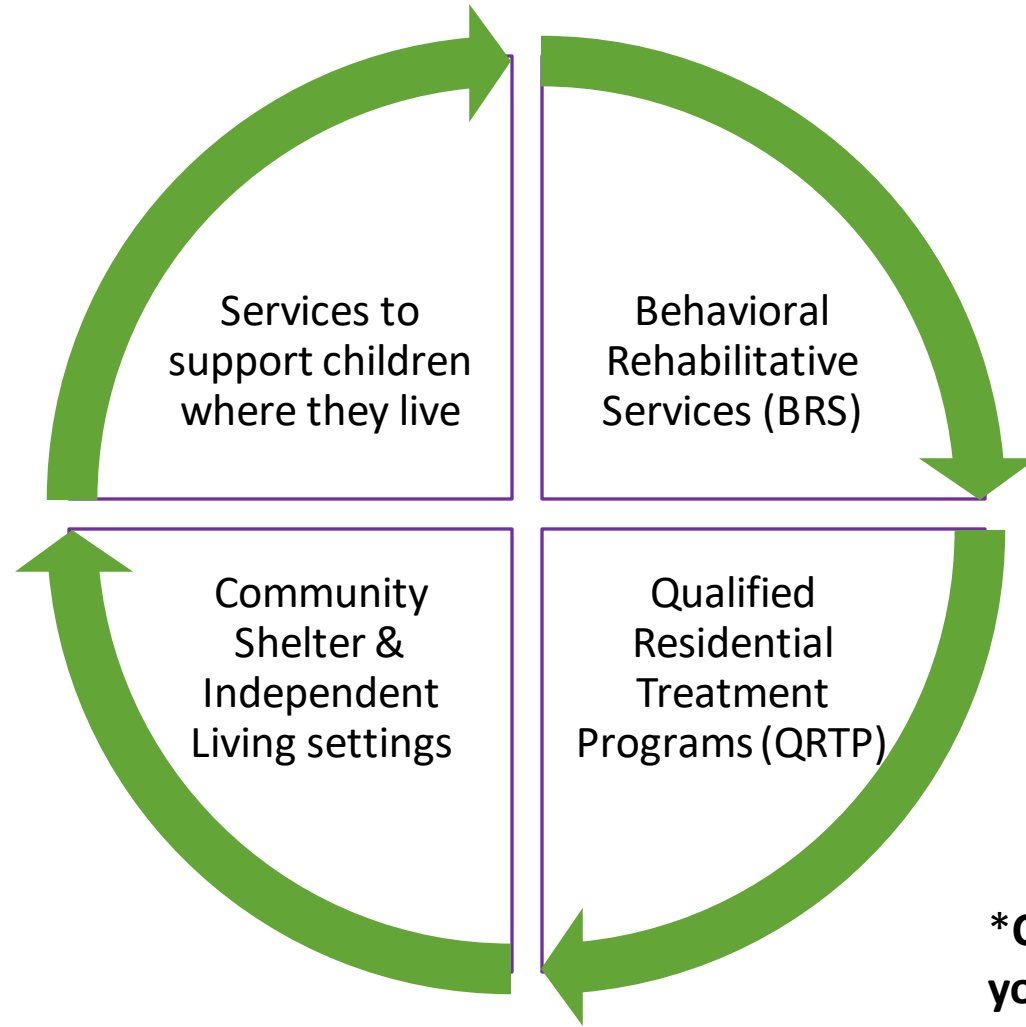
Policy:  
State and Federal

Equity, Training, &  
Workforce  
Development

Business & Operations  
Contracts, ORKIDS

# Oregon Department of Human Services Child Welfare Division Core Areas

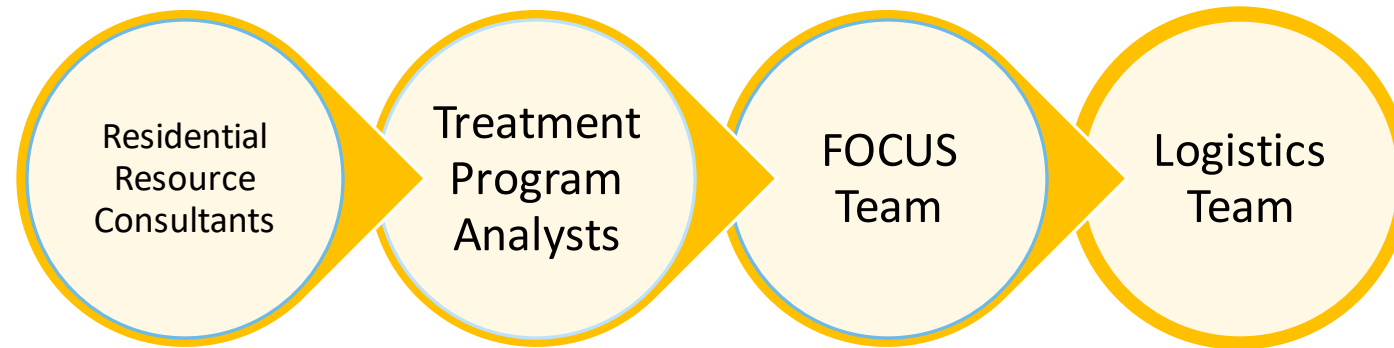
# Treatment Services Program



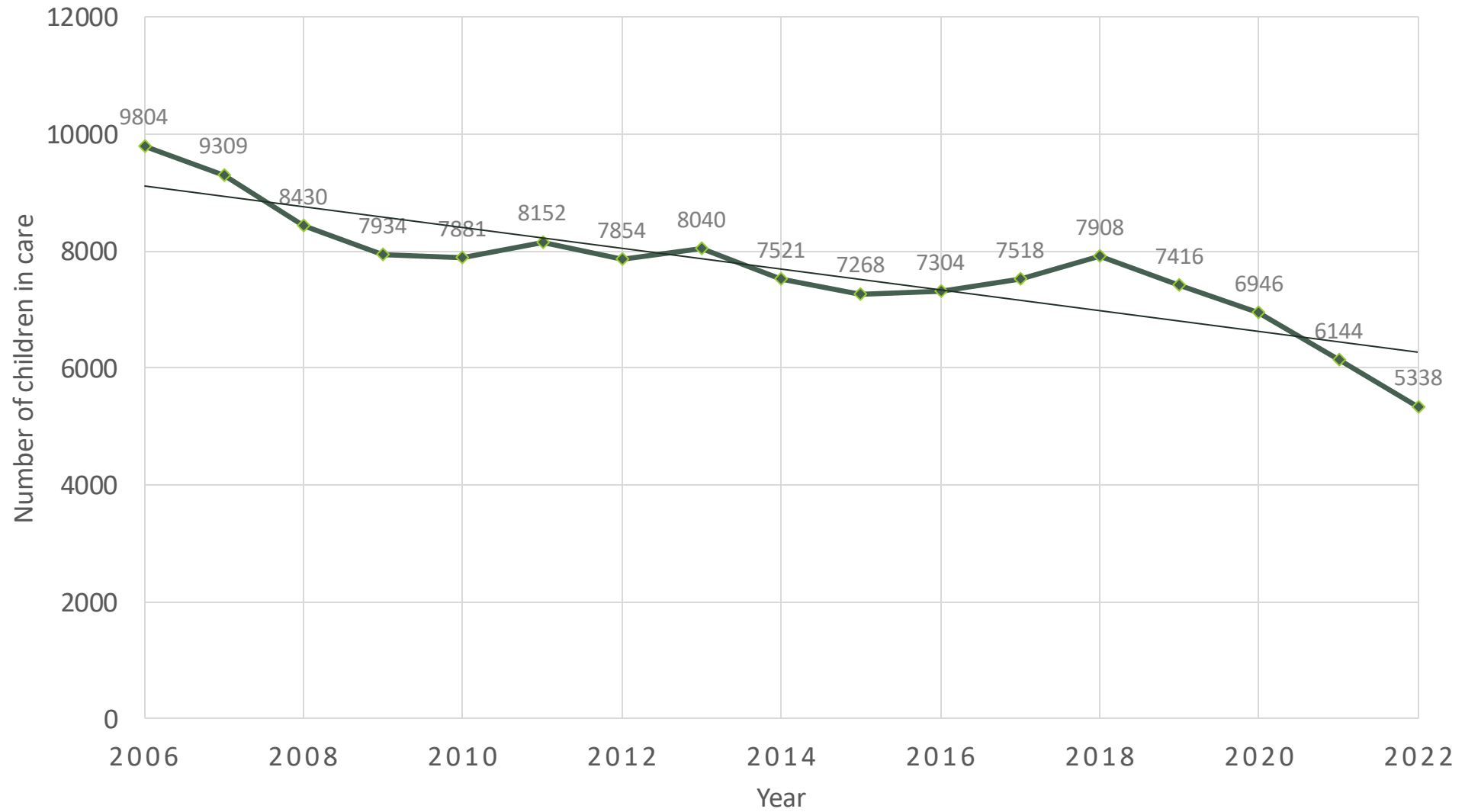
**\*Child Welfare cannot “fast track” youth into acute mental health settings**

# Treatment Services Program

4 Teams support the work



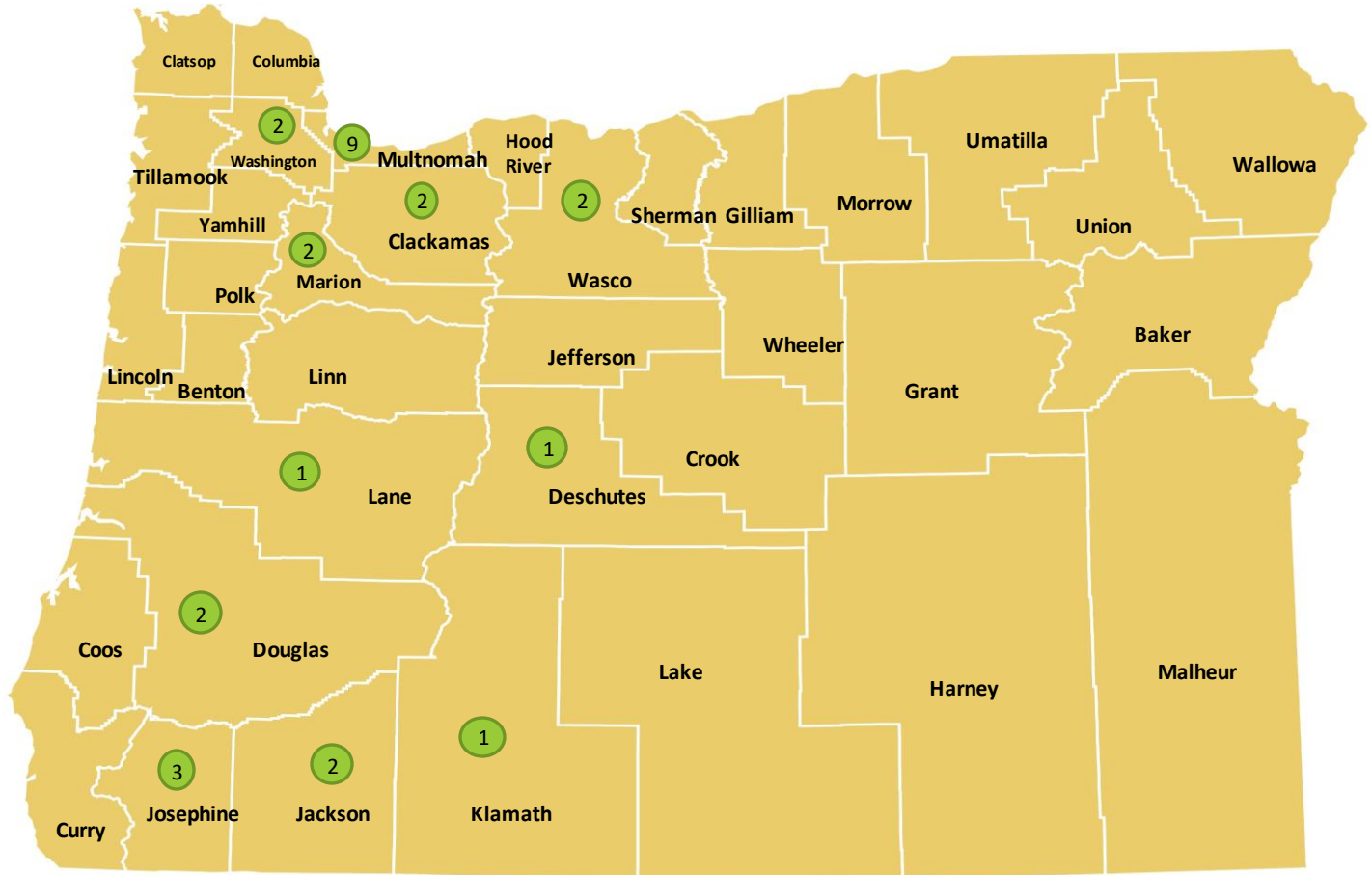
Number of children in foster care as of Jan. 1 each year



# ODHS Child Welfare Behavioral Rehabilitative Services

- Shelter
- Short Term Stabilization
- Independent Living Program
- Proctor Care
- Basic Residential
- Intensive Behavioral Support

\*QRTP recommendation is required for residential services

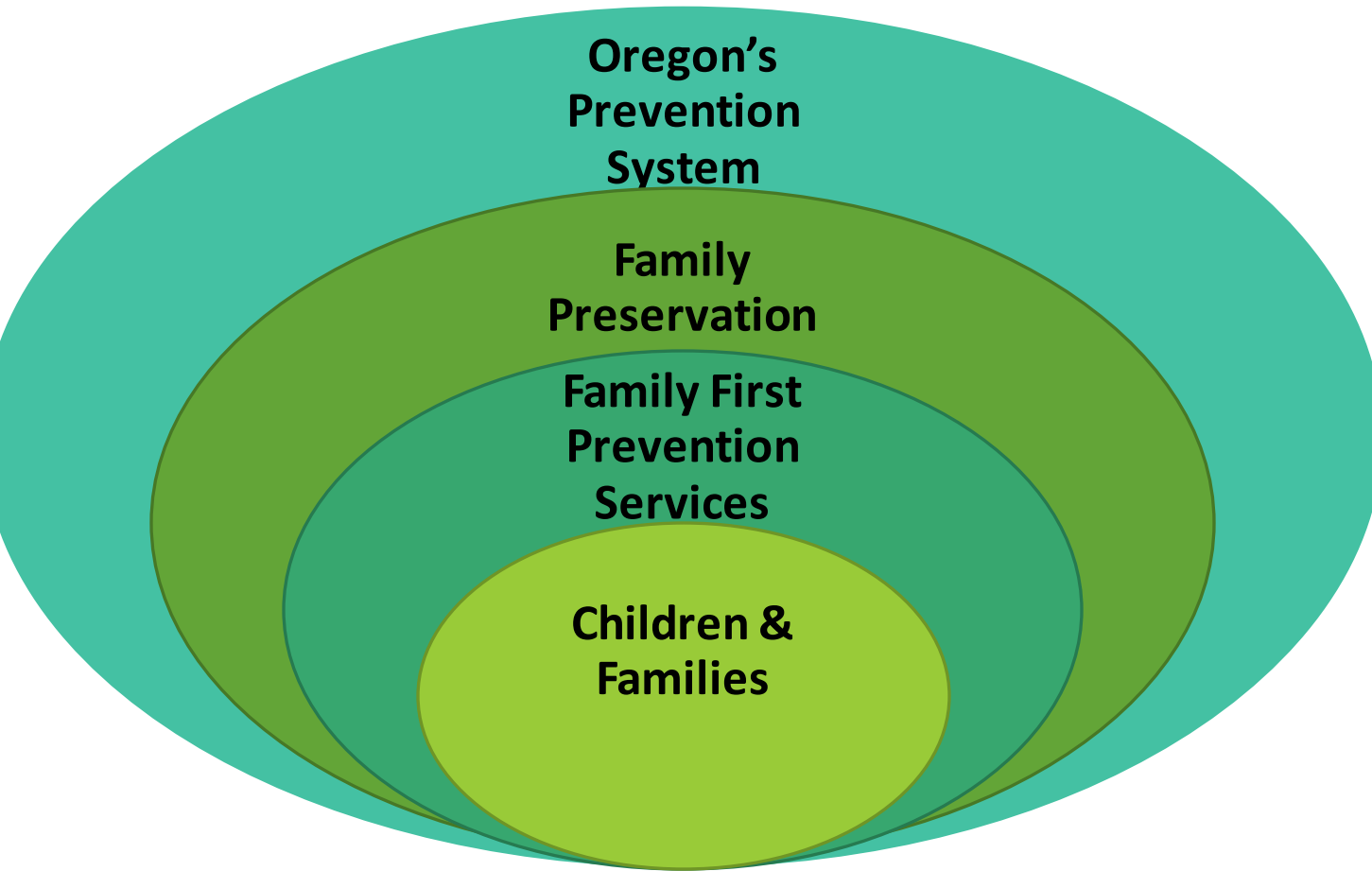


Numbers indicate distinct program by area

July 2022



# Family First Prevention Services



- Oregon's Child Welfare transformation is built on trauma-informed, family and community-centered and culturally responsive services focused on engagement, equity, safety, well-being and prevention
- One tool to support Oregon families
- Cross-agency prevention system
- Build infrastructure to serve children at home with their families

# Family First Prevention Services & QRTP



Child Welfare is required to serve children in nationally accredited Qualified Residential Treatment Programs (QRTP) when a residential stay is needed

Specific steps are required to access:

- Family and Permanency Team meeting
- 3<sup>rd</sup> party Qualified Mental Health Professional (QMHP) recommendation – 30 days
- Judicial determination – 60 days

# ODHS Office of Developmental Disabilities (ODDS)



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Supports children with developmental disabilities and families ranging from in-home to residential treatment

# ODDS Children's Services

\*ODDS cannot “fast track” youth into acute mental health settings

## Service Coordination & Family Support

- Service coordination provided to all children
- Supports through a range of services and providers
- Intensive In-Home services and system navigation

## Foster Care & Host Homes

- 24-hour support and services in a family setting
- Host homes provide intensive services to children living in a licensed family setting

## Residential Care

- Group homes in local communities providing 24-hour supports, supervision and training to children with developmental disabilities.

# Case Examples

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Navigating the system through an individual lens

