**Benton County**

- **Out N' About Youth Group** is a LGBTQ+ social and support group for high school aged students (13-18). The group primarily serves Linn and Benton counties, but is open to youth students from any area. Out 'N About partners with Jackson Street Youth Shelter to support their LGBTQ+ clients which run a separate support group for LGBTQ+ students in Albany at their Albany location. Out 'N About also works with the staff at the Children’s Farm Home/Trillium Services to provide support and referrals for their LGBTQ+ clients. In addition to weekly meetings, Out 'N About also supports the students who put on the annual Alternative Prom (Alt Prom) for LGBTQ+ and Allied High School students. Contacts: Tristen Shay Tristen.Shay@oregonstate.edu

- **Linus Pauling and Cheldelin Middle schools** in Corvallis have LGBTQ clubs.

- **Corvallis Transgender Support Group** supports events that are technically all ages, but it is mostly people over 18. The group does occasionally have younger teens, but not frequently. Generally, younger folks tend to come with a parent or older sibling, which is recommended because it helps youth feel more comfortable in a room full of adults. Contact: "Short, Ada Rhodes" shorta@oregonstate.edu

- **Human Dignity Coalition**, PO box 6084, Bend, OR, 97708, humanandignitycoalition@gmail.com, 541-385-3320

- **OSU Pride Center**, http://dce.oregonstate.edu/pc

- **UniQ**, A social group for young adults interested in the queer community of Corvallis and Albany. Come to our meetings to hang out and have fun, discuss queer issues, and meet friends. Straight-identified people more than welcome. 18 and up or out of high school, please. Visit their Facebook site for more details or contact them via email UniQcorvallis@gmail.com

**Clackamas County**

- "The Living Room" in Milwaukie. https://www.facebook.com/TheLivingRoomLGBTQ/  

**Clatsop County**

- **Lower Columbia Q Center**, 1636 Exchange Street Astoria, OR 97103, info@lcqcastoria.org, http://www.lcqcastoria.org

**Columbia County**

- **The SHHS Gay-Straight Alliance**: contact carriem@sthelens.k12.or.us

- In planning stages of creating a youth drop in center: https://www.youthera.org/drop-model-1

**Coos County**

- **PFLAG Coos Bay/South Coast**, 541-361-6453; pflagcoosbaysouthcoast@gmail.com, https://www.facebook.com/PFLAGcoosbaysouthcoast/
# Statewide Resource List for LGBTQ2SIA+ Youth

## Deschutes County
- **Human Dignity Coalition**, PO box 6084, Bend, OR, 97708, humandignitycoalition@gmail.com, 541-385-3320, [https://humanhignitycoalition.org/](https://humanhignitycoalition.org/)
- **Central Oregon Community College LGBTQ Programs**, [https://www.cocc.edu/departments/multicultural/lgbtq-programs/default.aspx](https://www.cocc.edu/departments/multicultural/lgbtq-programs/default.aspx)
- **Out Central Oregon: LGBTQ (Bend, OR) Meetup**, [https://www.meetup.com/OUTCentralOregonLGBTQ/](https://www.meetup.com/OUTCentralOregonLGBTQ/)

## Jackson County
- **Lotus Rising Project**, 711 Medford Ctr #154, Medford, OR 97504, info@lotusrisingproject.org, [www.lotusrisingproject.org](http://www.lotusrisingproject.org)
- **PFLAG Ashland/Rogue Valley**, 541-512-0326 or 541-488-1142, bettygo@ashlandhome.net, [http://www.pflag.org](http://www.pflag.org)
- **Southern Oregon LGBTQ Resources**, [https://www.facebook.com/solgbtq/](https://www.facebook.com/solgbtq/)

## Lake County
- **Jane Lincoln**, a local therapist that has attended training on LGBTQ issues.

## Lane County
- **LGBT Education and Support Services** for University of Oregon students, [http://dos.uoregon.edu/lgbt](http://dos.uoregon.edu/lgbt)
- **Amazon Community Center**, LGBTQ Youth Group, 541-684-3466 / 541-682-5373, weekly drop-in support and referral for ages 13-18.
- **Looking Glass Youth & Family Support**, [www.lookingglass.us](http://www.lookingglass.us), Counseling and supportive services for children and families aimed at helping them navigate the challenges of childhood, adolescence, and adulthood.
- **Ophelia’s Place**, [www.opheliasplace.net](http://www.opheliasplace.net), 1577 Pearl St. #100, Eugene, OR 9740. A prevention based organization dedicated to helping girl-identified youth make healthy life choices through empowerment, education, and support.
- **Trans*Parent Support Group**, 1685 W. 13th Ave, Eugene, OR 97402, uoteachout@uoregon.edu, Monthly support group meetings – 3rd Thursday of every month at 17:30 at the Unitarian Universalist Church of Eugene.
- **Trans*Ponder**, [http://transponder.community](http://transponder.community), 541 Willamette St #310, Eugene, OR 97401, 508-443-6337, Eugene-based non-profit organization providing support, education, and advocacy for
trans/gender diverse community. Not youth specific but does have support groups for parents.


- **Art Exploration Camp**, Jordan Schnitzer Museum of Art – University of Oregon, 1-day art camp for transgender and gender nonbinary youth.

**Lincoln County**


**Linn County**

- **Jackson St. Youth Services/Shelter at the Albany House**, [https://www.facebook.com/Lgbtq-Corvallis-207915375916919/](https://www.facebook.com/Lgbtq-Corvallis-207915375916919/)

- **UniQ**, A social group for young adults interested in the queer community of Corvallis and Albany. Come to our meetings to hang out and have fun, discuss queer issues, and meet friends. Straight-identified people more than welcome. 18 and up or out of high school, please. Visit their Facebook site for more details or contact them via email UniQcorvallis@gmail.com

**Marion County**

- **Salem Rainbow Youth**, P. O. Box 5644 Salem, OR 97304, [www.salemrainbowyouth.org](http://www.salemrainbowyouth.org)

**Multnomah County**

- **Q Center**, 4115 N. Mississippi Ave., Portland, OR 97217, (503) 234-7837, [Info@pdxQcenter.org](mailto:Info@pdxQcenter.org) From the Q Center Oregon’s LGBTQ2SIA+ community center) for Portland Metro, SW Washington, and Oregon, a continually updated list of resources: [http://www.pdxqcenter.org/resources/](http://www.pdxqcenter.org/resources/)

- **Sexual Minority Youth Resource Center (SMYRC)** downtown: 1220 S.W. Columbia St.; 503-872-9664; smyrc.org; email to smyrinfo@newavenues.org

- **Sexual Minority Youth Resource Center, east side**: 16570 S.E. Oak St.

- **New Avenues for Youth**: 1220 S.W. Columbia St.; 503-224-4339; [http://newavenues.org/](http://newavenues.org/)

- **Outside In**, 1132 S.W. 13th Ave.; outsidein.org; 503-535-3800; [info@outsidein.org](mailto:info@outsidein.org) • Outside In Medical Clinic: 503-535-3860

- **Janus Youth**: 503-233-6090, [janusyouth.org/find-help](http://janusyouth.org/find-help)

- **NAYA Family Center**: 5135 N.E Columbia Blvd., 503-288-8177;
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nayapdx.org/services/critical-services/homeless-youth-services/

- **P:ear mentor program**: 338 N.W. Sixth Ave.; 503-228-6677, info@pearmentor.org; pearmentor.org

- **PFLAG Portland**: 503-232-7676; info@pflagpdx.org; pflagpdx.org, https://www.pdx.edu/wrc/resources-for-lgbtq-community


**Washington County**

- **Washington County Gay Straight Alliance**, http://www.wcgsa.org/

- **Washington County Pride Project** c/o SMYRC, 503-872-9664, info@smyrn.org/node/12

**National**

- **TransActive Gender Center**, 1631 NE Broadway St 355-T, Portland, OR 97232, info@transactiveonline.org, 503.252.3000, www.transactiveonline.org

- **A call to action** to Create and Sustain Fair and Beneficial Environments for LBGTQ Youth. http://www.ojjdp.gov/pubs/245321.pdf

- **Trevor Project** (Crisis intervention and suicide prevention program for LGBTQ youth) 1-866-488-7386, https://www.thetrevorproject.org/#sm.0000mkefr5lmhe2z10aej3t1kn7as

- **Trans Lifeline** (Hotline staffed by transgender people for transgender people), 1-877-330-8860, https://www.translifeline.org/

- **LGBT National Help Center**, http://www.glbtnationalhelpcenter.org/, LGBT National Youth Talkline 1-800-246-PRIDE (7743)

**Other States**

- Guidance from **New York City** Administration on Children and Families gives, which pertains to a variety of disclosure/discussions/ and information consideration for court and legal parties. http://www1.nyc.gov/assets/acs/policies/init/2012/C.pdf

- The **Massachusetts Trial Court** developed an online learning module about how to best serve Transgender People in the Trial Court. It is a succinct and effective training: http://matrialcourt.donahue-institute.org/Transgender-People-in-the-Trial-Court-3.26.18/story_html5.html
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Additional Resources

- [PDF](bestpracticeslgbtyouth CWLA.PDF)
- [PDF](Supporting Transgender Children)