## **Oregon's Family First Prevention Plan**

*Family First Prevention Services Act of 2018* is federal legislation that *allows* States and some Tribes to claim federal reimbursement for certain evidence-based prevention services that are provided to eligible children and their caregivers.

**Categories of allowable title IV-E prevention services**: State title IV-E agencies may claim reimbursement for *mental health and substance abuse prevention and treatment services provided by qualified clinicians, and in-home parent skill-based programs that include parenting skills training, parent education, and individual and family counseling that have been rated and approved by the Title IV-E Prevention Services Clearinghouse and are identified in the state's five-year title IV-E prevention program plan (section 471(e)(1) of the Act)* 

## Phase 1 of Oregon's IV-E Prevention Plan includes 4 Evidence Based Services:

- Parents as Teachers (ages 0-5)
- Parent-Child Interaction Therapy (ages 2-7)
- Functional Family Therapy (ages 11-18)
- Motivational Interviewing (adolescents and adults)

These services were selected because they are on the Federal Clearing House as well-supported, they are existing services in Oregon that can be leveraged for expansion and they serve children ages 0-20.

## Who is eligible for services? (No income standards are attached to eligibility)

- A child who is at **imminent risk of entering foster care** but can remain safely at home or with kin caregivers with receipt of **evidence-based mental health, substance abuse and/or skill-based parenting services** 
  - o Children in families with identified stressors
  - Children at risk of voluntary placement
  - o Families who request post-guardianship or adoption assistance
  - o Children reunified with their families at risk of re-entry into foster care
  - o A youth in foster care who is pregnant or parenting
  - o Parents and kin caregivers of children noted above

## **ODHS Title IV-E Prevention Plan**

ODHS submitted the Title IV-E Prevention Plan on **November 6, 2020**. The Plan and Executive Summary can be found at <u>https://www.oregon.gov/dhs/Family-First/Pages/index.aspx</u>. This submission is Phase 1 of a multiphased implementation. We expect to make a number or updates to the plan over the next 5 years. ODHS is already working to develop business processes, rules and system updates in anticipation of Phase 1. FFPSA prevention services may not be implemented until ACF has approved the Oregon plan.

**Who is involved?** The FFPSA Implementation Team (includes community partners and partner agencies), FFPSA Nuts and Bolts (internal team operationalizing FFPSA) and the 4 workgroups (includes community partners and partner agencies); continue to meet on a regular basis.

**Tribes.** ODHS Tribal Affairs and Child Welfare program are working with the 9 Oregon Tribes to adjust policy and practice to ensure services to Tribal families are more effective and equitable.



• Oregon's Child Welfare transformation is built on traumainformed, family and communitycentered and culturally responsive services focused on engagement, equity, safety, well-being and prevention.

• Family First is one tool to support Oregon in achieving this vision.

• Oregon's Family First services will be part of the state's broader, cross-agency prevention system.