

# OREGON FOSTER CHILDREN'S BILL OF RIGHTS

## I HAVE THE RIGHT TO:



**S** SAFE HOME WHERE  
I FEEL PROTECTED

**A** ATTEND SCHOOL, SPORTS,  
CLUBS AND ACTIVITIES



**F** FAMILY – LIVE WITH  
A FAMILY THAT  
CARES ABOUT ME  
AND PROTECTS ME

**E** EAT AND HAVE HEALTHY  
FOOD AT EVERY MEAL



**T** THINGS – TO HAVE MY  
OWN THINGS (TOYS,  
CLOTHES, BLANKET...)

**Y** YES, I CAN ALWAYS CONTACT MY  
ATTORNEY, CASEWORKER, CASA  
OR FOSTER CARE OMBUDSMAN IF  
I HAVE QUESTIONS OR PROBLEMS



### WHO CAN I CALL?

If you wish to make a call and need an adult to help, you can ask a foster parent or caregiver at the home, a teacher, a church member or another adult friend that you trust.

**Call or email the Foster Care Ombudsman at the Youth, Empowerment and Safety (Y.E.S) Line at 1-855-840-6036 or [FCO.info@state.or.us](mailto:FCO.info@state.or.us).**

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