# Every Day Counts... In the Life of a Child in Foster Care



Annual CRB Conference May 17-18, 2019



**Salem Convention Center** 

200 Commercial St. SE, Salem, OR 97301

## Online registration available at\*:

## https://www.surveymonkey.com/r/2019EveryDayCounts

Juvenile dependency court stakeholders are invited to attend. CLE credits are available!

The registration fee for child welfare stakeholders will be \$50.00, and includes all educational sessions, refreshments, breakfast, lunch, and CLE credit (if applicable).

Please send checks payable to:

"Oregon Judicial Dept., CRB" Attn: Volunteer Coordinator, 1163 State St, Salem, OR 97301

Dinner on May 17, is reserved for CRB Members and their guests, OJD staff, and presenters.



\*If you do not have internet access or have questions, please contact Angela Keffer, 503.986.5901 or crb.volunteer.resources@ojd.state.or.us

## **Conference Lodging**

or

#### The Grand Hotel Salem

\$165.10 (including tax)

201 Liberty Street SE Salem, OR 97301 1-877-540-7800

Make your conference lodging reservations BEFORE

**April 15, 2019** 

to obtain the significantly reduced rates noted above.

### Shilo Inn

\$104.15 (including tax)

3304 Market Street NE Salem, OR 97301 1-503-581-4001



## **Camp to Belong Raffle**

For the last eight years, the CRB has supported Camp to Belong, a nonprofit organization that reunites siblings separated by foster care. In total, we have provided scholarships for 36 children to attend camp! This summer, Camp to Belong will hold two camps for siblings. CRB will once again have a basket raffle at the conference to support this program.

If you or your board are interested in contributing a basket or other item for the raffle, please bring your donation to the conference, or arrange to have your field manager bring your donation to the conference for you. All donations are tax deductible.

Baskets and other raffle items will be on display throughout the conference in the registration area. Raffle tickets will be available at the registration desk, and drawings will be held throughout the conference. <a href="www.camptobelongoregon.org">www.camptobelongoregon.org</a>

## **Keynote Speaker**

## Dr. Lisa Féinics



Dr. Lisa Féinics is a former foster youth who graduated with a PhD in Neurobiology and Behavior from the University of Washington. She has worked as both a scientist and an educator at biomedical research institutes and universities in the United States and abroad. Her current area of expertise focuses on the impacts of complex trauma, both on the brain and the development of the self. She coaches students with lived-experience in foster care towards college success at Portland Community College. Her book, *Alternate Ending: An Inspirational* True Story about Beating the Odds, was published in 2016. Dr. Féinics also works as a consultant, providing training in trauma-informed higher education, as well as coaching in personal awareness and growth to lessen the impacts of trauma on our adult lives."

Dr. Lisa Féinics will use personal narrative and science to highlight the power we all have to be resilient in spite of traumatic childhood events. Adverse Childhood Experiences (ACEs) shape our future, and although they can have a negative impact, they do not define who we are. Learn how Dr. Féinics used the power of perseverance, neuro-linguistic reprogramming, and hope to find the resilience needed to reshape her future into something unexpected.

Thank you Volunteer Board Members!





# 2019 Every Day Counts... Annual Conference Agenda (draft 3/6/19)

"OPPARTMEN"				
Friday, May 17, 2019				
11:30 - 5:00	Registration			
12:30 – 1:00	Welcome and Announcements Welcome & DHS Highlights – Marilyn Jones – DHS Child Welfare Director			
1:00 – 2:00	Key Note – Resilience – Lisa Feinics, PhD			
2:00 – 2:10	Break			
2:10 – 3:25	Child Psychological Evaluations: How They are Done and How to Read Them	How to Get Your Kids Back: Assessing Parental Progress	Mindfulness, the Brain and You	Bonding from Behind Bars
3:25 – 3:45	Break			
3:45 – 5:00	Standards for Certification & Qualifications of Foster Parents	Adoptions from Beginning to End	LGBTQIA + Youth in Foster Care	A Roadmap to In and Out-of-State Residential Placements and the Services They Provide
5:00 - 6:00	Social Time			
6:00 – 8:00	CRB Volunteer Recognition Dinner w/ Justice Rebecca Duncan Special Presentation - Gift to Volunteers – Rainbow Dance Theater			
Saturday, May	18, 2019			
7:15 – 8:00	Breakfast Buffet – Registration			
8:00 – 8:15	Welcome			
8:15 – 10:30	Poverty Simulation		Mock Review	
10:30 – 11:00	Break			
11:00 – 11:45	Attorney Standards	Appellate Decisions	Federal Law FFPSA	State Law Legislative Update
11:45 – 1:15	Lunch – Strengths & Challenges			
1:15 – 3:30	Poverty Simulation Mock Review		eview	

# Friday Program

12:30 p.m. Welcome & DHS Highlights

- Leola McKenzie, Director of Juvenile & Family Court Programs Division, OJD
- ♦ Marilyn Jones, DHS Child Welfare Director

1:00 p.m. - 2:00 p.m. Adverse Childhood Experiences - Building Resiliency

♦ Lisa Feinics, PhD

Dr. Lisa Feinics will use personal narrative and science to highlight the power we all have to be resilient in spite of traumatic childhood events. Adverse Childhood Experiences (ACEs) shape our future, and although they can have a negative impact, they do not define who we are. Learn how Dr. Feinics used the power of perseverance and hope to find the resilience needed to reshape her future into something unexpected.

2:00 p.m. - 2:15 p.m. Break

2:15 p.m. - 3:30 p.m. Workshops

Child Psychological Evaluations: How They are Done and How to Read Them.

- ♦ Dr. Dane Borg, Mindsights
- ◆ David Smith, CRB Field Manager
- ♦ Anna Abraham, CRB Field Manager
- ♦ Bev Schenler, Lane County Board Member

A workshop to learn about the process of conducting child psychological evaluations, sibling interaction studies and best interest evaluations. This training will also include helpful insight into how to interpret the information provided in these evaluations and how to apply the information and recommendations from the evaluations to cases reviewed by CRB.

How to Get Your Kids Back: Assessing Parental Progress.

- ♦ Jyl Hobbs, MAPS Worker from DHS District 12
- ♦ John Nichols, CRB Field Manager
- ♦ Maiya Hall-Olsen, CRB Field Manager
- Kent Bailey, Baker County Board Member

This workshop will discuss how to assess parental progress through the tools of the DHS in-home safety plan and how to understand the conditions for return. There will be a discussion regarding how the parent is able to internalize what they have learned and what DHS is looking for (cognitive, behavioral, emotional). The key focus of the workshop will be how to formulate questions that helps elicit information from the DHS caseworker and the parents to help assess progress.



# Friday Program

2:15 p.m. - 3:30 p.m. Workshops Continued

#### Mindfulness, the Brain and You

- ♦ Lexi Delagado, Therapist, Life Coach and CRB Board Member
- ♦ Suzanne Callahan, CRB Field Manager
- ♦ Jennifer Buckingham, CRB Field Manager
- ◆ Tracy Powell, Polk County Board Member

Using tools from **Mindfulness**, the bounty of research from **Neuroscience**, and important insights related to **trauma informed care**, board members will learn practical skills to respond to common challenges that arise

members will learn practical skills to respond to common challenges that arise in the review environment, conflict, complex scenarios, the imbalances of power, uncertainty and stress.

#### **Bonding From Behind Bars**

- ♦ Kelly Raths, Oregon Department of Corrections
- Rebecca Regello, CRB Field Manager
- ♦ Kristina Knittel, CRB Field Manager
- ♦ Diana Ewing, Crook County Board Member

Speaker Kelly Raths of the Oregon Department of Corrections will provide insight into the family time options and parenting programs available to incarcerated parents, and information about the new Children of Incarcerated Parents Bill of Rights.

3:30 p.m. - 3:45 p.m. Break

3:45 p.m. - 5:00 p.m.

Standards for Certification & Qualifications of Foster Parents: Navigating the Complexity of Ensuring Safety in Foster and Relative Caregiver Homes

- Alicia O'Quinn, DHS Operations and Policy Analyst, Foster Care Coordinator
- ♦ Janna Owens, DHS Operations and Policy Analyst, Foster Care Coordinator
- ♦ Jennifer Buckingham, CRB Field Manager
- ◆ Tricia Swallow, CRB Field Manager

Do you want to know what the qualifications are to become a certified foster parent or relative caregiver in the state of Oregon? Have you ever wondered what the Standards are to maintain foster home certification? Are you curious about how concerns or possible safety issues are addressed in certified foster homes? Do you want to know what happens when allegations of abuse are assessed in a certified foster home and what the outcome of those assessments means for the certified families and the children placed in those homes? Are you curious about the types of supports available and provided to certified caregivers? If you answered yes to any of these questions then we invite you to find a comfortable seat and join us for this informative session.



# Friday Program

3:45 - 5:00 p.m. Workshops Continued

#### **Adoptions from Beginning to End**

- Gail A. Schelle, Assistant Child Permanency Program Manager
- ◆ Amy L. Durbin, J.D., Social Services Specialist 1
- ♦ Shary Mason, JCIP Model Court Training Analyst
- ◆ Laurie Judd, CRB Field Manager
- Kate Kavanagh, Multnomah County Board Member

A look at the critical elements needed to accomplish an adoption in a timely manner, from development of the concurrent plan through the freeing, placing and finalization process.

#### **LGBTQIA + Youth in Foster Care**

- ♦ Seth Johnstone, Bridge 13
- ♦ Sam Tazumal, CRB Field Manager
- ♦ Amanda Hazen, CRB Review Specialist
- Jessica Lloyd-Rogers, Douglas County Board Member

Ever had a review of a transgender youth? Felt unsure how to conduct the review or ask questions? Please join us as Seth Johnstone from Bridge 13 discusses the specific risks to LGBTQIA + youth in foster care, what to be aware of to ensure safety and wellbeing needs are being met, how to develop appropriate questions during reviews, and an overview of terms and definitions associated with LGBTQIA + youth.

#### A Roadmap to In and Out-of-State Residential Placements and the Services They Provide

- Sara B. Fox, Treatment Services Program Manager, Office of Child Welfare, DHS
- ♦ Nancy A. Allen, Placement Services Manager, Child Welfare Treatment Services, DHS
- ♦ Glenda Marshall, FOCUS Program Coordinator, Child Welfare Treatment Services, DHS
- Robin de Alicante, CRB Field Manager
- Angela Keffer, CRB Volunteer Coordinator & Analyst 2

This session will provide an overview of available residential placements in and out-of-state, a roadmap into each placement, and what services may be available (Sex Offender Treatment, etc.). Insight provided as to what reports you can expect, will undoubtedly assist you in making related findings.

5:00 p.m. - 6:00 p.m. Networking Time

6:00 p.m. - 8:00 p.m. CRB Volunteer Board Member Recognition Dinner

Words of Welcome and Appreciation from The Honorable Rebecca Duncan, Justice, Oregon Supreme Court

**Rainbow Dance Theatre** 



# Saturday Program

7:30 a.m. Breakfast Buffet

8:00 a.m. - 8:30 a.m. Welcome & Announcements

8:30 a.m. - 10:30 a.m. Plenary Sessions—The Plenary Sessions will be offered two times. All conference attendees will attend both sessions. Session attended will be assigned at registration.



#### **Poverty Simulation**

Families living in poverty have a significantly higher likelihood of experiencing crisis. While the majority of poor families never come to the attention of the child welfare system, poverty is the greatest threat to child well-being and a predictor of abuse and neglect. Nationally, nearly half of families (47 percent) who have their children removed from their homes have trouble paying for basic necessities. The Community Action Poverty Simulation (CAPS) breaks down stereotypes by allowing participants to step into the real life situations of others. Poverty is often portrayed as a stand-alone issue—but this simulation allows individuals to walk a month in the shoes of someone who is facing poverty and realize how complex and interconnected issues of poverty really are. After the experience, individuals then have the opportunity to discuss what they've learned with their peers. The Community Action Poverty Simulation is a tool that helps participants rethink the challenges that millions of low income individuals must face each and every day. More importantly, this tool helps people identify areas of change that can directly impact the effects of poverty on individuals, families and communities.

#### **Mock Review**

In this interactive learning session, participants will practice making findings in a collaborative and engaging mock review. Participants will have the opportunity to practice effective questioning strategies and consensus building as they evaluate case scenarios and make difficult findings.

10:30 a.m. - 11:00 a.m. Break

11:00 a.m. - 11:45 p.m. Workshops

#### **Attorney Standards**

#### **♦ Liz Wakefield, Office of Public Defense Services**

In this session, participants will learn about the attorney standards for those representing children, youth and families to ensure quality representation and access to justice.

#### **Appellate Decisions**

#### ♦ Megan Hassen, Juvenile Court Improvement Program

This session will highlight recent Oregon appellate decisions in juvenile dependency cases, and how those cases impact the Citizen Review Board's findings.

# Saturday Program

#### 11:00 a.m. - 11:45 p.m. Workshops Continued

#### **Federal Law FFPSA**

#### ♦ Leola McKenzie, JFCPD

This session will explore the Federal Family First Prevention Services Act (FFPSA) and the implementation process for Oregon. This Act includes long-overdue historic reforms to help keep children safely with their families and avoid the traumatic experience of entering foster care, emphasizes the importance of children growing up in families and helps ensure children are placed in the least restrictive, most family-like setting appropriate to their special needs when foster care is needed.

#### **State Law Legislative Update**

#### ♦ Kristen Farnworth, JFCPD

This session will provide an overview of proposed legislation for this 2019 session which may impact how juvenile dependency cases are handled.

#### 11:45—1:15 Lunch—Activity

1:15 p.m. - 3:15 p.m. The morning plenary sessions repeat.
Poverty Simulation
Mock Review

