Presentation to the CRB Spring Conference

# Serving Foster Youth with Complex Needs

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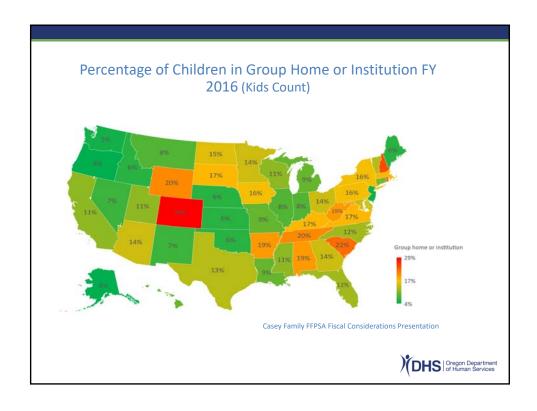
CHILD WELFARE PROGRAM

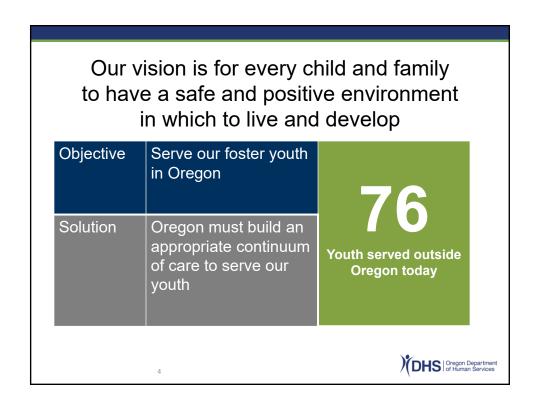


#### Presentation overview

- Current status
- Demographics of youth served out of state
- Out-of-state placement process
- Creating capacity to serve youth in Oregon

Oregon Department of Human Services



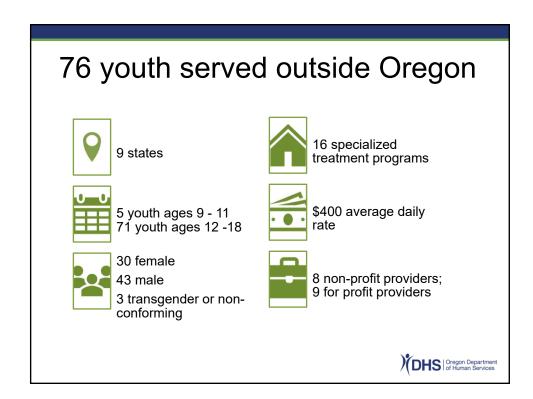


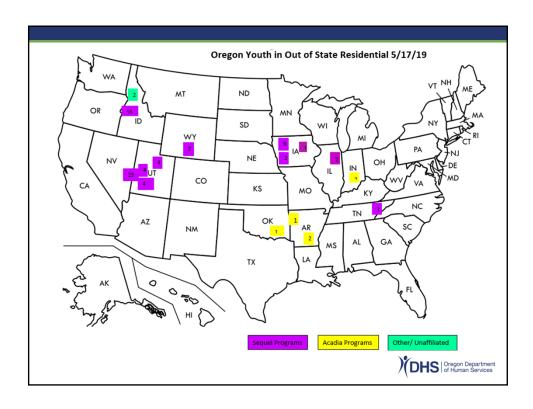
#### Youth served outside Oregon

#### Who is served out-of-state?

- · Youth with complex and specialized needs
- Youth who meet criteria for Psychiatric Residential Treatment Services (PRTS)
- · Youth who require sexual harming treatment services
- · Youth who are multi-system involved
- Survivors of Commercial Sexual Exploitation of Children (CSEC)







#### Three-part process to determine how to serve youth with complex needs DHS **Interstate Compact** Courts Determines child has Legal counsel Interstate Compact specialized needs Agreement procedures appointed for youth Convenes FOCUS Committee to assess Court hearing Judge signs court enacted to facilitate youth receiving order treatment in another Determines no state resource in Oregon Local Child Welfare District and Program Manager approves out-of-state placement DHS Oregon Department of Human Services

#### Placement process

### Focused Opportunities for Children Utilizing Services (FOCUS) Committee

- Review, approval and funding of Individualized Service Plans
- Identifies child's needs and whether they can be met in Oregon
- · Membership includes
  - · DHS Child Welfare
  - DHS Office of Developmental Disabilities Services
  - Oregon Health Authority Health Systems Division
  - Providers
  - · Outside consultants, when needed



#### Moving youth to lower levels of care

- 73% stabilize and move to lower levels of care in Oregon; most transition to a parent or relative
- Child Welfare caseworker develops customized transition plan for youth
- Child Welfare is recruiting for position to support out-of-state transitions

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## What do we need to serve youth in Oregon?

- A comprehensive continuum of care with intensive behavioral health services
- Collaborative partnerships to develop and expand an appropriate and comprehensive continuum of services

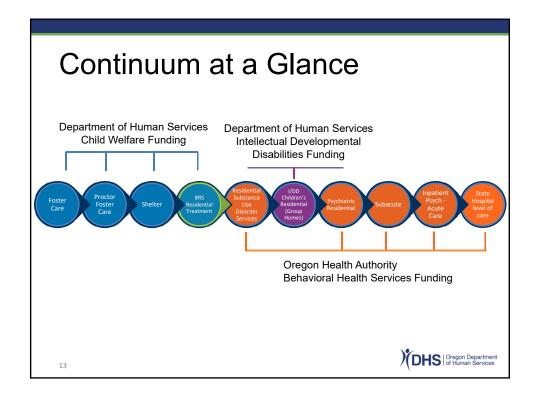


#### Levels of Care Assessments



- Level of care and clinical needs assessments have been completed by the Oregon Health Authority's contractor Comagine Health for each youth placed out of state
- Comagine assessment themes
  - Youth are placed in appropriate levels of care
  - Youth are progressing in treatment
  - A couple of youth may require a higher level of care
  - A few youth are beginning transition planning as they complete their treatment goals

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## Research project: Capacity and Service Matching

- Identifies the ideal system size to appropriately serve the current population based upon physical, mental and behavioral health needs
- Estimates the number of placement beds needed
- Creates research models to identify the best placement for each child
- Develops research tools to improve decision-making regarding treatment and placement decisions



### Planning to serve youth in Oregon

On April 10th DHS launched a 60 day planning phase:

- Complete clinical reviews of every youth placed out of state; assess level of care needs
- Identify youth eligible for developmental disabilities programs; assess service level needs
- Convene OHA and Coordinated Care Organizations
- Engage Behavioral Rehabilitation Services (BRS), Psychiatric Residential Treatment Services (PRTS) and subacute providers in planning
- Publish out-of-state placement information on webpage

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