

ATTACHMENT 4A - MEDIUM DISTANCE SCHEDULE

This attachment is Part 2 of the Medium/Long Distance Parenting Plan. It is suggested for parents who live at least 60 and not more than 180 miles or more apart from each other. You can decide what schedule is best for you based on your family's needs.

The goal of the schedule is to make sure that (1) children have enough contact with their home base and Parent A, (2) children can participate in age-appropriate activities, and (3) children have as much time as possible with Parent B.

Unless you file another parenting plan with the court in the future, this plan will be in effect until each child is 18 years old. **Please make sure you have selected an option in each age category.**

If you have children of different ages, follow the schedule for the youngest child.

4.1 Routine Schedule **(CHECK OPTION 1 OR DESIGN YOUR OWN SCHEDULE IN OPTION 2)**

OPTION 1

Birth up to age 18 months

Parent B shall have parenting time with the children every week as follows:

(CHECK ALL THAT APPLY)

- From 9:00a.m. Saturday until 3:00 p.m. Saturday
- From 9:00 a.m. Sunday until 3:00 p.m. Sunday
- Three hours every _____ (indicate day of the week)
- Other: _____

All parenting time shall take place at Parent A's home or a familiar and consistent, child-related environment, with Parent A nearby. Parent A shall have the option of having the children for the entire weekend without scheduling make-up parenting time for Parent B one time every two months.

Age 18 months up to age 36 months

Parent B shall have parenting time with the children on alternating weekends as follows:

(CHECK ONE)

- Daytime Parenting Time: From 9 a.m. Saturday until 5 p.m. Saturday and 9 a.m. Sunday to 5 p.m. Sunday
- Overnight Parenting Time: From 9 a.m. Saturday until 5 p.m. Sunday
- Other: _____

Age 3 up to age 6

Routine Parenting Time (CHECK ONE)

- Parent B shall have parenting time with the children on alternating weekends from 6 p.m. on Friday until 6 p.m. on Sunday.
- Other: _____

Additional/Summer Parenting Time (CHECK ONE)

Parent B shall have the children for the following additional parenting time periods which may be exercised during the summer or other times during the year:

(CHECK ONE)

- Up to three extended weekends of 3-4 days in length each year
- Two 1-week blocks each year, separated by at least two weeks with Parent A
- Three 1-week blocks each year, separated by at least two weeks with Parent A
- Other: _____

We choose not to designate additional/summer parenting time

Age 6 up to age 16 (CHECK ONE)

Parent B shall have parenting time with the children on alternating weekends from 6 p.m. on Friday until 6 p.m. on Sunday. If school is closed on the Monday following Parent B's weekend, parenting time shall continue to Monday until 6 p.m. and if school is closed on the Friday before Parent B's weekend, parenting time shall begin at 6 p.m. on Thursday.

Other: _____

Parent B shall have the children for school break, holiday and summer parenting time as listed in paragraph 4.2 and 4.3 below.

Age 16 up to age 18 (CHECK ONE)

Parent B shall have parenting time with the children on weekends as follows: **(CHECK ONE)**

- Every other weekend from 6:00 p.m. Friday until 6:00 p.m. Sunday
- One weekend every month from 6:00 p.m. Friday until 6:00 p.m. Sunday
- Other: _____

OPTION 2 (Routine Schedule developed by parents)

4.2 School Breaks and Holiday Schedule (CHECK OPTION 1 OR DESIGN YOUR OWN SCHEDULE IN OPTION 2)

OPTION 1

Winter Break

Under Age 6 (CHECK ONE)

- Parent B shall have parenting time with the child according to the Routine Schedule in 4.1 above
- Parent B shall have parenting time with the child up to four hours on Christmas Day
- Other: _____

Age 6 and Older (CHECK ONE)

Parent B shall have parenting time for one week of school Winter Break every year
(OPTIONAL)

with the week including Christmas Day in **(CHECK ONE)**

Odd-numbered years

Even-numbered years

Parent B shall have parenting time for two weeks of school Winter Break in
(CHECK ONE)

Odd-numbered years

Even-numbered years

Other: _____

Spring Break

Under Age 6

Parent B shall have parenting time with the children according to the Routine Schedule in 4.1 above.

Age 6 and Older (CHECK ONE)

Parent B shall have parenting time for Spring Break every year.

Parent B shall have parenting time for Spring Break in **(CHECK ONE)**

Odd-numbered years

Even-numbered years

Other: _____

Thanksgiving Break. Thanksgiving break begins 6:00 p.m. Wednesday and ends 6:00 p.m. Sunday unless otherwise indicated in "Other" below.

Under Age 6 (CHECK ONE)

Parent B shall have parenting time with the children according to the Routine Schedule in 4.1 above

Parent B shall have up to four hours of parenting time on Thanksgiving Day.

Other: _____

Age 6 and Older (CHECK ONE)

Parent B shall have parenting time for Thanksgiving Break every year.

Parent B shall have parenting time for Thanksgiving Break in **(CHECK ONE)**

Odd-numbered years

Even-numbered years

Other: _____

Holiday Weekends

Birth up to age 36 Months

Parent B shall have weekend parenting time with the child according to the Routine Schedule in 4.1 above.

Age 3 and Older (CHECK ONE)

Parent B shall have parenting time from 6:00 PM on Friday until 6:00 PM on Monday on the following holidays: **(CHECK ALL THAT APPLY)**

- Martin Luther King Jr. Birthday, President's Day, Memorial Day, Labor Day
 Other Monday holidays: _____

We will follow the Routine Schedule in 4.1 above for these holidays.

OPTION 2 (School Break and Holiday Schedule developed by parents)

4.3 Summer Schedule (CHECK OPTION 1 OR DESIGN YOUR OWN SCHEDULE IN OPTION 2)

OPTION 1

Under Age 6

Parent B' shall have summer parenting time according to the Routine and Additional/ Summer Schedule in 4.1 above.

Age 6 up to age 9

Parent B shall have parenting time with the children for **(CHECK ONE)**

- Three weeks, exercised in **(CHECK ONE)**
 One-week blocks separated by at least one week with Parent A
 Two 10-day periods separated by at least one week with Parent A
- Four weeks, exercised in **(CHECK ONE)**
 One-week blocks separated by at least one week with Parent A
 Two-week blocks separated by at least one week with Parent A
- Other: _____

Age 9 up to age 16

Parent B shall have parenting time with the children for **(CHECK ONE)**

- Three weeks, exercised in **(CHECK ONE)**
 One-week blocks separated by at least one week with Parent A
 One 3-week block with Parent A having the option to visit the children one weekend during the parenting time
- Four weeks, exercised in **(CHECK ONE)**
 Two-week blocks separated by at least one week with Parent A
 One 4-week block with Parent A having the option to visit the children on alternate weekends
- Six weeks, exercised in **(CHECK ONE)**
 Three 2-week blocks
 One 6-week block with Parent A having the option to visit the children on alternate weekends
- Other: _____

Age 16 up to age 18

Parent B shall have parenting time with the children for **(CHECK ONE)**

- Two 1-week blocks
- One 3-week block
- One 4-week block
- Other: _____

OPTION 2 (Summer Schedule developed by parents)

4.3.1 Notice for Summer Scheduling (CHECK ONE)

- Before May 1 of each year, Parent B shall notify Parent A, in writing, of the dates chosen for summer parenting time. Parent A has the right to choose the dates for Parent B's summer parenting time if Parent B does not give notice before May 1. Parent B's summer parenting time shall end at least seven days before the children's first day of school. This notice provision shall apply to any additional parenting time chosen in 4.1 above.
- Other: _____

