KLAMATH COUNTY COMMUNITY WELLNESS AND BEHAVIORIAL INTERVENTION COURT

PHASE EXPECTATIONS 10- 18 MONTHS*

*Duration dependent on charges, resolution of case, and treatment duration

- ✓ Obey all laws and orders of the Court
- ✓ Be respectful, accountable, and honest
- ✓ Learn and practice tools to abstain from substance use

- ✓ Take an active role in your treatment
- √ Take all medications as prescribed
- ✓ Seek out healthy, sober connections

✓ Stability-Participants symptoms are well-managed/not acute			
PHASE 1: STABILITY (1 month)	PHASE 2: MAINTENANCE (3 months)	PHASE 3: WELLNESS (3 months)	PHASE 4: HEALTHY LIFESTYLE (3 mo.)
Appear in court weekly	Appear in court every 2 weeks	Appear in court every 3-4 weeks	Appear in court every 4 weeks
GETTING STARTED:	CONTINUE TO:	SHOW PROGRESS:	CONTINUE TO:
 Engage for a minimum of 30 days Establish a treatment plan with provider and attend regularly Provide baseline substance testing and submit to random testing Seek safe housing and inform team of changes Comply with supervision Identify a success 	support as needed	 Following treatment plan and attend regularly Building a plan with provider to avoid triggers Comply with supervision and follow case plan Submit to random drug testing 	 Meet requirements from previous phases Demonstrate regular use of coping tools and life skills learned Comply with supervision and complete case plan Submit to random drug testing
ldentify a struggle	ADDED IN PHASE 2:	ADDED IN PHASE 3:	COMPLETE:
Complete Phase 2 Application	 Reside in a safe environment and inform team of changes List one person who you can reach out to within the treatment team One short-term SMART goal (Specific, Measurable, Achievable, Relevant, Time bound) Complete Phase 3 Application 	 Seek employment, education, or volunteer work Work on long-term, safe housing Attend one pro-social activity Accomplish one SMART short-term goal Choose one SMART long-term goal Complete Phase 4 Application 	 Minimum of 90 days sobriety (CWC) Obtain clinical stability Reside in long-term, safe housing Complete aftercare plan with provider Obtain employment, education, or volunteer One resource that will support your long-term recovery plan Identify two useful coping responses if trigged Accomplish one SMART short-term goal Complete graduation application ELIGIBLE TO GRADUATE: Ongoing stability with housing, employment, and volunteer work