## 2022 Jefferson County <u>WELLNESS Court</u> Calendar

Unless otherwise specified, WELLNESS Court begins in courtroom B at 9:15 AM on the following dates:

- January 4 & 18
- February 8 & 22
- . March 8 & 22
- April 5 & 19
- May 3 & 17
- . June 7 & 21
- July 5 & 19
- August 2 & 16
- . September 6 & 20
- · October 4
- November 8
- December 6 & 20



Wellness can be defined as: "The active pursuit of activities, choices, and lifestyles that lead to a state of holistic health."

\*\*Please note that all dates are subject to change.

For more information, please contact
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