

# JACKSON COUNTY MENTAL HEALTH COURT (MHC)

## PHASE EXPECTATIONS OVER 18 MONTHS

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| <ul style="list-style-type: none"> <li>✓ Obey all laws and orders of the Court</li> <li>✓ Abstain from alcohol and drug use</li> <li>✓ Maintain housing approved by MHC</li> <li>✓ Take all medications as prescribed</li> </ul> | <ul style="list-style-type: none"> <li>✓ Be respectful, accountable and honest with MHC</li> <li>✓ Take an active role in your treatment</li> <li>✓ Have an open mind to learning new skills</li> <li>✓ Seek out healthy, sober connections</li> </ul> |
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PHASE 1: STABILITY (2 months)	PHASE 2: MAINTENANCE (4 months)	PHASE 3: WELLNESS (6 months)	PHASE 4: HEALTHY LIFESTYLE (6 mo.)
Appear in court weekly	Appear in court every 2 weeks	Appear in court every 3-4 weeks	Appear in court every 5-6 weeks
<b>GETTING STARTED:</b>	<b>CONTINUE TO:</b>	<b>SHOW PROGRESS:</b>	<b>CONTINUE WITH PROGRAM:</b>
<ul style="list-style-type: none"> <li>➤ Arrange for OHP/insurance coverage</li> <li>➤ Establish care with a PCP</li> <li>➤ Participate in a Mental Health Assessment and work with your Provider on a treatment plan</li> <li>➤ Participate in a Drug/Alcohol Assessment and follow all treatment recommendations</li> <li>➤ Submit to ongoing Urinalysis (UAs)</li> <li>➤ Attend a medication evaluation and take all medications as prescribed</li> <li>➤ Attend 1-2 recovery meetings/week as decided by the MHC Team</li> <li>➤ Work with a case manager for intermediate &amp; long-term housing options, resources &amp; benefits</li> </ul>	<ul style="list-style-type: none"> <li>➤ Comply with requirements from Phase 1</li> <li>➤ Follow the treatment plans created</li> <li>➤ Work with case managers and skills trainers as needed</li> </ul>	<ul style="list-style-type: none"> <li>➤ In obtaining either employment, education, volunteer work or Compass House involvement</li> <li>➤ Plan for obtaining long-term housing</li> <li>➤ Connection to recovery and support</li> <li>➤ Continue with requirements from Phase 1 &amp; 2</li> </ul>	<ul style="list-style-type: none"> <li>➤ Continue with requirements from previous phases</li> <li>➤ Demonstrate good decision making and increased insight</li> <li>➤ Maintain a regular schedule that balances purpose (work), socialization, and rest.</li> </ul>
	<b>ADDED IN PHASE 2:</b>	<b>ADDED IN PHASE 3:</b>	<b>CONTINUE WITH PROGRAM:</b>
	<ul style="list-style-type: none"> <li>➤ Pursue employment, education, volunteer work, or membership/weekly engagement with the Compass House</li> <li>➤ Obtain a recovery mentor and maintain weekly contact</li> </ul>	<ul style="list-style-type: none"> <li>➤ Work with a skills trainer on budgeting, setting up payment plans for restitution and other fees, and credit counseling if needed</li> <li>➤ Plan a giving-back project and get approval from MHC Team</li> <li>➤ Attend Thinking 4 Change, MRT, or other course to address thinking patterns, as directed</li> </ul>	<ul style="list-style-type: none"> <li>➤ Complete a wellness plan with a WRAP Facilitator, as directed</li> <li>➤ Complete giving-back project</li> <li>➤ If reasonable, have restitution mostly paid off</li> <li>➤ Turn in a graduation application</li> </ul>
<b>ELIGIBLE TO MOVE TO PHASE 2:</b>	<b>ELIGIBLE TO MOVE TO PHASE 3:</b>	<b>ELIGIBLE TO MOVE TO PHASE 4:</b>	<b>ELIGIBLE TO GRADUATE:</b>
<ul style="list-style-type: none"> <li>➤ After a minimum of 60 days, with all requirements of Phase 1 met</li> <li>➤ 30 consecutive days of demonstrated sobriety, medication compliance, treatment engagement, and no sanctions</li> </ul>	<ul style="list-style-type: none"> <li>➤ After a minimum of 120 days in Phase 2, with all phase requirements met</li> <li>➤ 60 consecutive days of demonstrated sobriety, medication compliance, treatment engagement, and no sanctions</li> </ul>	<ul style="list-style-type: none"> <li>➤ After a minimum of 180 days in Phase 3, with all phase requirements met</li> <li>➤ 60 consecutive days of demonstrated sobriety, medication compliance, treatment engagement, and no sanctions</li> </ul>	<ul style="list-style-type: none"> <li>➤ Stable in housing, employment or volunteer work</li> <li>➤ Graduation project, WRAP plan, and graduation application have all been accepted</li> <li>➤ After a minimum of 120 days in Phase 4, with all conditions of MHC met</li> <li>➤ 120 consecutive days of demonstrated sobriety, medication and treatment compliance, and no sanctions</li> </ul>