



Domestic Violence · Sexual Abuse · Sex Trafficking
RESOURCE CENTER

Alternatives to Violence Class

Provided by Community Works, Jackson County's Domestic and Sexual Violence and Sex Trafficking Resource Center

What is Alternatives to Violence and How Do I Sign Up?

The Alternatives to Violence class is facilitated by Certified Court Advocates on Fridays. This is a class for a victim or survivor hoping to dismiss their protective orders, such as a restraining order or a criminal no contact order. To sign up for the class, call **541-776-7171 ext.35222** The class is free, and everything shared with the privileged Advocate is confidential.

What to Expect:

- A 3-hour class in an education and discussion format
- Support and opportunities for victims (survivors) to openly discuss their options if they are unsure about dismissing a protective order
- Information about domestic violence and the Power and Control Wheel
- Information about healthy relationships, setting boundaries, assertive communication, and equality in relationships
- Information about court procedures and the criminal justice process
- Community resources
- Safety planning for your situation
- Everything said is confidential
- Hope and courage in the decision-making process to decide to drop an order

Any Questions? Please call our Court Advocates at 541-776-7171 ext. 35222