

Washington County Adult Drug Court Phases

Phase 1- Choice

The focus of Phase 1 is on building relationships within a recovery community, initiating a treatment plan, understanding drug and alcohol addiction and how it negatively affects one's life, understanding how mental health affects addiction, and understanding the risks and consequences of not changing.

The requirements of Phase 1 are:

- Adhere to treatment requirements.
- Follow all Drug Court rules.
- Live in stable, clean, and sober housing.
- Achieve a minimum of sixty (60) days clean time.
- Obtain a library card.
- Provide documented attendance at three support group meetings per week.
- Be employed, attending school and/or vocational training, or engaged in other Court approved activity.
- Demonstrate a cooperative attitude in treatment.
- Adhere to all requirements of DHS, if applicable.
- Be working towards completion of, or complete a GED, if applicable.
- Present to the Staffing Team an oral report on why you are ready to move to Phase 2.
- Appear in Drug Court every Monday.

Phase 2- Challenge

The focus of Phase 2 is on developing a vision for the future, understanding that recovery is a way of life, understanding how to prevent relapse, and gaining confidence about the decision to change and the ability to sustain recovery.

The requirements of Phase 2 are:

- Adhere to treatment requirements.
- Follow all Drug Court rules.
- Live in stable, clean, and sober housing.
- Achieve a minimum of seventy-five (75) days clean time in Phase 2.
- Complete a recovery focused book report or movie review that is approved by staff.
- Provide documented attendance at three (3) support meetings per week.
- Be employed, attending school and/or vocational training, or engaged in other Court approved activity.
- Obtain a sponsor or approved support/mentor.

- Adhere to all requirements of DHS, if applicable.
- Be working towards completion of, or complete a GED, if applicable.
- Appear in Drug Court the second, third, and fourth Monday of the month.

Phase 3- Change

The focus of Phase 3 is on practicing coping skills to avoid relapse, building healthy relationships with family, maintaining a strong recovery support system, and becoming economically self-sufficient.

The requirements of Phase 3 are:

- Adhere to treatment requirements.
- Follow all Drug Court rules.
- Live in stable, clean, and sober housing.
- Achieve a minimum of ninety (90) days clean time in Phase 3.
- Complete a recovery focused book report or movie review that is approved by staff.
- Provide documented attendance at three (3) support meetings per week.
- Be employed, attending school and/or vocational training, or engaged in other Court approved activity.
- Maintain a sponsor or approved support/mentor.
- Adhere to all requirements of DHS, if applicable.
- Be working towards completion of, or complete a GED, if applicable.
- Appear in Drug Court the second and fourth Mondays of the month.
- Be current on restitution, fines, and treatment fees.
- Prepare and present your plan on your “giving back” project.

Phase 3 clients are expected to be financially independent from drug court *subsidies*. Drug Court will take into consideration subsidy requests on a case by case basis.

Phase 4- Community Transition

The focus of Phase 4 is on completing the requirements of treatment and planning for the next phase of your life post-treatment.

The requirements of Phase 4 are:

- Adhere to all treatment requirements.
- Follow all Drug Court rules.
- Live in stable, clean, and sober housing.
- Achieve a minimum of one hundred and twenty (120) days clean time in Phase 4.

- Be employed, attending school and/or vocational training, or engaged in other Court approved activity.
- Adhere to all requirements of DHS, if applicable.
- Be working towards completion of, or complete a GED, if applicable.
- Provide evidence of working through a 12-step (or similar) program.
- Appear in Court first Monday of every month.
- Be current on restitution, fines, treatment fees, and housing.
- Prepare a written plan of your “giving back” project (where you are going to do it, contact person, timeline, etc) and submit it to the Coordinator with your phasing application.
- Attend the Alumni group monthly (third Sunday of every month).
- Graduate from treatment.

Phase 5- Aftercare

The focus of Phase 5 is on reconnecting with the community and working a personal recovery plan. This is a testing phase for the participants’ new clean and sober lifestyle.

The requirements of Phase 5 are:

- Adhere to all aftercare requirements.
- Follow all probation conditions.
- Meet with the P.O. as directed.
- Follow all Drug Court rules.
- Live in stable, clean, and sober housing.
- Achieve a minimum of ninety (90) days clean time in phase 5.
- Be employed and/or attending school or vocational training.
- Adhere to all DHS requirements, if applicable.
- Appear in court first Monday of every month.
- Be current on restitution, fines, fees, and housing.
- Attend the Alumni group monthly (third Sunday of every month).