(Option B - Unsupervised; No Overnights)

IN THE CIRCUIT COURT OF THE STATE OF OREGON
FOR THE COUNTY OF _____

Petitioner _____	)	
	)	CASE NO:
and	)	
	)	**PARENTING PLAN**
Respondent _____	)	**Exhibit 1**

1. **The Parties**. Petitioner and Respondent are the parents of:

Full Name	Date of Birth
_____	_____
_____	_____
_____	_____
_____	_____

They shall be collectively referred to as "the children" throughout this parenting plan.

The residential parent is the parent with whom the children live most of the time and who also has legal custody of them.

Petitioner shall hereafter be referred to as the (check one): [ ] Residential parent
[ ] Non-residential parent

Respondent shall hereafter be referred to as the (check one): [ ] Residential parent
[ ] Non-residential parent

2. **Parents' rights.** The non-residential parent has the right to spend time with the children even though the residential parent will be making most, if not all, of the parenting decisions which need to be made on the children's behalf. The children shall be with the non-residential parent on any schedule agreed to between the parents, but not less than is set forth in the following schedule. The residential parent shall be in charge of the children at all other times.

2.1 The children shall be with the non-residential parent on the following **regular schedule** (choose only one):

[ ] **First** and **third weekends** of each month. These are day periods only, not overnights. The "first" weekend of the month is the first weekend in the month that both Saturday and Sunday fall within the new month. For example, if Saturday is in the old month and Sunday is in the new month, the first weekend for the new month would be the next weekend.

A weekend is defined as (check one or more):

[ ] 10:00 a.m. to 7:00 p.m. on Saturday.

[ ] 10:00 a.m. to 7:00 p.m. on Sunday.

[ ] 10:00 a.m. to 7:00 p.m. on Monday if the parent's weekend falls on a weekend during the school year on which that next Monday is a state or federally recognized holiday on which there is no school.

OR

[ ] Other regular schedule (for example, if a parent works weekends).

_____

_____

2.2 **Additional Times** (Optional). The non-residential parent may also spend the following time with the children:

_____

_____

2.3 **Exchanging the Children.** All parenting time shall take place in a prompt manner. No parent need wait more than 15 minutes after the set exchange time for the other parent to arrive. The exchange point shall be (choose only one):

[ ] The front steps of the residential parent's residence.

[ ] A neutral place selected by the residential parent. Examples include the children's school or daycare, the public library, a fast-food restaurant, etc.

[ ] Other (describe):

_____

_____

2.4 **Transportation.** The residential parent or other person chosen by the residential parent shall be responsible for transporting the child(ren) to the exchange point. The child(ren) shall be picked up and/or returned to the exchange point by (check all that apply):

[ ] The non-residential parent.

[ ] The following individual(s) known to the child(ren):_____

_____

2.5 **Access to Activities and Events**. The non-residential parent (choose only one):

[ ] Shall not attend the children's school activities and athletic events.

[ ] May attend the children's school activities and athletic events.

3. The following rules shall apply to the use of parenting time:

3.1 **Parenting Time Make-Ups**. There will be no makeups required if a medical or true emergency causes the cancellation of parenting time.

3.2 **Clothes**. Each parent shall return *all* clothing that came with the child. It is recommended that each parent maintain a supply of basic clothing for the children at his or her own residence to assure that this does not become a problem.

3.3 **Communication with the Children**. The non-residential parent (check all that apply):

[ ] Shall not telephone, write, or e-mail the children unless the contact is agreed to in advance by the residential parent.

[ ] May write or e-mail the children at any time. Each parent shall provide a contact address (and e-mail address if appropriate) to the other parent.

[ ] May call the children on the telephone ____ times per week. The call shall last not more than 15 minutes and shall take place between ____ __.m. and ____ __.m. Long distance telephone calls made by the children shall be paid for by the parent receiving the call. Each parent shall provide a telephone number to the other parent.

[ ] The children shall have the right to call the non-residential parent (choose only one):

[ ] ____ times per week at reasonable times.

[ ] Unlimited right to call the non-residential parent.

3.4 **Parent to Parent Communication**. Communication between the parents shall be by (check all that apply):

[ ] **Telephone.** Each parent shall provide a contact telephone number to the other parent.

[ ] **In writing.** Each parent shall provide a contact address to the other parent.

[ ] **E-mail.** Each parent shall provide an e-mail address to the other parent.

Communications between the parents shall be (check all that apply):

[ ] For any reason the parents may wish to communicate with each other.

[ ] Limited to issues relating to the children.

[ ] Limited to changes to the parenting plan (dates, times, etc.).

4. The following rules apply to both parents:

4.1 **Decisions.** Major decisions about the children are the sole authority of the residential parent. Major decisions include, but are not limited to, decisions about the children's education, non-emergency healthcare (including medical and dental care), and religious training. The residential parent can make each of these decisions on the children's behalf without notice or input from the non-residential parent.

4.2 **Daily Care**. The residential parent is responsible for the children's primary care. The non-residential parent shall provide care for the children only while they are staying with him or her and will make only *emergency* medical or dental decisions on the children's behalf. The non-residential parent's right to make reasonable decisions regarding a child's care while the child is with him or her does not include giving the child haircuts or making any change in a child's appearance (i.e., tattoos, ear piercing, etc.) unless the residential parent has agreed in advance in writing, dated and signed.

4.3 **Child Safety.** It is the duty of both parents to keep the children safe.

Each parent shall protect the children in the following ways:

- Not use illegal drugs at any time or abuse alcohol while the children are present.
- Not allow the children to ride in a car unless the driver has a valid driver's license, auto insurance, seat belts and child safety seats as required by Oregon law.
- The children must be given medication as directed. This means the right amount and at the right time. The children must have the medication when parenting time starts, and it must be returned with the children at the end of parenting time.

The nonresidential parent shall follow the safety rules checked below. If the nonresidential parent violates any of the rules below, the residential parent may seek the court's help through a contempt action. In addition, if the violation poses an immediate threat to the child(ren), the specific parenting time may be stopped (check all safety rules that apply):

[ ] The non-residential parent shall not be under the influence of alcohol or a controlled substance (e.g., drugs) during any period of time that he or she is to be with the children.

[ ] The non-residential parent shall not consume alcoholic beverages beginning 12 hours before the children arrive up to the point they are returned to the residential parent.

[ ] There shall be no firearms in the non-residential parent's home, car or in the children's presence during parenting time.

[ ] The children shall not be physically disciplined.

[ ] The following person(s) present a danger to the children and shall not be present during parenting time _____.

[ ] Other:

_____

_____

5. **Changes to the Parenting Plan.** A specific parenting time may be denied due to the safety concerns listed in Paragraph 4.3. Changes to the parenting plan are allowed whenever both parents agree to a change. Agreed upon changes will be temporary and will be enforced by the court only if the change is written down, is dated, signed by both parents before a notary public and submitted to the court leaving a space for the judge's signature. See ORS 107.174.

6. **This is part of a Court Order when attached to a *signed* Judgment**. Each party has been put on notice that an intentional failure to follow the rules of this parenting plan is punishable through the contempt powers of the court. One parent's failure to comply with the rules does not excuse the other party from following the rules.

7. **Signature(s)**

Your signature below indicates that you have read and agree with what has been decided and written in this document.

Petitioner:	[ ] Respondent [ ] Co-Petitioner
_____	_____
Signature Date	Signature Date

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