

Birth Through Three Parenting Time Tool – Suggestions and Ideas

Concern	Suggested Parenting Time Provisions
4. Child Health and Development	Assessment by neutral professional
A. Child has significant developmental or medical needs.	<ul style="list-style-type: none"> • Non-custodial parent is ordered to adhere to healthcare provider recommendations. • Parent receives education on child’s special needs and is made aware of medical appointments. • Custodial parent exchanges medical and appointment information. • Non-custodial parent is ordered to adhere to healthcare provider recommendations. • Parent receives education on child’s special needs and is made aware of medical appointments. • Custodial parent exchanges medical and appointment information. • Assessment by Early Head Start.
5. Child is demonstrating maladjustment to current parenting time schedule.	
A. Child is demonstrating symptoms of maladjustment across situations.	<ul style="list-style-type: none"> • Bi-lateral education of parents with parenting class or consultant. • Trusted caregiver present in all or some portion of parenting time. • Consider changes to circumstances of transitions between parents. • Consider assessment or treatment with child specialist to adjust parenting time schedule.
6. Co-parent relationship issues exclusive of DV:	
A. Parents are unable to communicate, plan and support each other without conflict.	<ul style="list-style-type: none"> • Court offers communication guidelines for email and other communication. • Informal or formal parent coordination with assigned professional. • Use of parent notebook or other shared communication medium such as google calendar. • Neutral exchanges/third party that minimize exposure to conflict – daycare exchanges etc. • Parents Beyond Conflict Class/Co-parent counseling • Individual parent counseling or coaching.

Additional Notes:

- Even when all parenting conditions are met, higher frequency overnights (more than one per week) are not generally indicated for infants 0-18 months.
- If domestic violence is present, see additional resources, for example: [safety provisions 1B \(page 2\); Oregon Judicial Department Safety Focused Parenting Plan](#), and [Domestic Violence Bench Card](#).