

Birth Through Three Parenting Time Tool – Suggestions and Ideas

Concern	Suggested Parenting Time Provision
1. Safety	CHILD WELFARE REPORT MAY BE REQUIRED Consider safety focused parenting plan.
A. Abuse or neglect of the child	<ul style="list-style-type: none"> • Formal parenting time supervision with support program or private professional. • Informal supervision with impartial third party. • Parent to attend parenting classes or engage services of a parenting coach.
B. Domestic Violence	<ul style="list-style-type: none"> • Limit contact of parents during transitions. • Exchanges conducted through a neutral party. • Transition of child at a public or other safe location. • Transitions limited to daycare or curbside at homes. • Limit parent communications to email or text. • Require perpetrator to complete Batterer Intervention and comprehensive parenting classes. • Assess need for services for victim – Therapy support or classes.
C. Mental Health	<ul style="list-style-type: none"> • Assessment and recommendations from professionals. • Treatment as indicated. • Provide support, coaching, and education. • Status check by court or assigned professional. • Consider providing custodial parent some access to treatment records.
D. Drug and Alcohol	<ul style="list-style-type: none"> • Immediate and ongoing UA's or hair follicle testing. • Assessment and treatment as indicated. • No substance use 24 hours prior to or during parenting time. • Consider Interlock device on auto. • Consider giving custodial parent access to UA results.
2. Child's Trust and Security	Graduated parenting time plan; consistent, regular, frequent contact.
A. Child has little or no trusted relationship with the parent.	<ul style="list-style-type: none"> • Initial parenting time with trusted caregiver and possibly with therapist support.
B. Child does not seek comfort from and cannot be soothed by the parent.	<ul style="list-style-type: none"> • Parenting classes, coaching or parenting support professional may be indicated.
C. Child is not supported in exploration by the parent.	<ul style="list-style-type: none"> • Parenting classes, coaching or parenting support professional may be indicated.
3. Parent Mental Health	(see #1 above)