



**22nd Judicial District
Mental Health Court
Orientation Package**

Annette C. Hillman, Judge
Jefferson County Circuit Court
75 SE "C" St., Suite C
Madras, Oregon 97741
(541) 475-3317

Welcome to the 22nd Judicial District Mental Health Court

Mental Health Court is a special program in the Circuit Court system that is designed to provide opportunities for offenders to alleviate mental health symptoms, and to reduce substance abuse, criminal thinking and criminal conduct. The Mental Health Court Judge serves as the leader of an inter-disciplinary team of professionals. Mental Health Court is primarily a voluntary diversion program with the goal of increasing access to, and engagement in, treatment for persons with eligible serious and persistent mental illness who are residents of Jefferson County and are charged with certain eligible criminal offenses.

Our Mental Health Court Program is scheduled to be 12 months in duration, although some people may need more time to satisfy the criteria for program completion. To graduate, you must satisfy mental health treatment conditions and pay applicable fines and fees. In bi-monthly court sessions, the team will review your progress and the Judge will give an incentive or a consequence based on that progress. If you successfully complete the program, your charges may be dismissed or another offer extended upon your entry into the program.

Upon acceptance into the program you must:

- Complete orientation with Bestcare Treatment Services;
- Immediately make an appointment with either Bestcare Treatment Services (Madras); and
- Attend all groups and/or individual sessions required by your mental health provider and obtaining verification of your attendance.

General Conditions and Directives

1. You must obey all laws. If you come into contact with law enforcement, you must immediately report it to your mental health provider.
2. Do not use, possess, or be in the presence of alcohol, other drugs (including prescription drugs that are not yours), or drug paraphernalia.
3. You must attend all court hearings, treatment groups, support groups, Mental Health Court events, urinalysis, and other appointments as required. Lack of transportation is not a valid excuse. Failure to attend any of the above may result in a sanction.
4. Tardiness may be counted as an absence and will be sanctioned at the discretion of the Judge.
5. Please dress appropriately for Court and mental health appointments. Do not wear clothing that promotes drug or alcohol use. Do not wear anything that shows bras or undergarments, "booty shorts," or otherwise provocative clothing.
6. Advise the Court and mental health provider of any changes in your address or telephone number.
7. Any acts of violence, threats, abusive behavior, insulting language, physical gestures, aggression or otherwise offensive behavior may result in immediate termination from Mental Health Court.
8. You are requested to not engage in "war stories" or any other glamorization of your past criminal behavior, alcohol and/or drug use.
9. You are requested to not make any racist, sexually provocative, sexist, or homophobic comments during your participation in Mental Health Court.
10. You must submit your Verification Sheet every Friday by 5pm to your mental health provider.

Client Signature

Date

Witness Signature

Date

Treatment Program Components

Phase I

- Orientation
- Mental Health assessment, treatment plan development, and implementation
- Documented clean UAs
- Take all medications as prescribed
- Honest and truthful
- Follow all Mental Health Court rules
- Follow Judge's orders
- Regular payments toward fines and fees
- Court reviews, a minimum of two times per month
- This phase may be completed in 3 months if all requirements are met and you remain sanction free

Advancement Qualifications from Phase I to II

- Timeframe
 - 3 month minimum
- Compliance
 - 4 weeks of documented compliance
- Process
 - Formal review will take place at the next scheduled team meeting.

Phase II

- Mental Health plan adjustments and implementation
- Documented clean UAs
- Take all medications as prescribed
- Honest and truthful
- Follow all Mental Health Court rules
- Follow Judge's orders
- Regular payments toward fines and fees
- Court reviews, a minimum of one time per month
- This phase may be completed in 2 months if all requirements are met and you remain sanction free

Advancement Qualifications from Phase II to III

- Timeframe
 - 2 month minimum
- Compliance
 - 8 weeks of documented compliance
- Process
 - Formal review will take place at the next scheduled team meeting.

Phase III

- Mental Health plan adjustments and implementation
- Documented clean UAs
- Take all medications as prescribed
- Honest and truthful
- Follow all Mental Health Court rules
- Follow Judge's orders
- Regular payments toward fines and fees
- Court reviews, a minimum of one time every other month
- This phase may be completed in 2 months if all requirements are met and you remain sanction free

Advancement Qualifications from Phase III to IV

- Timeframe
 - 2 month minimum
- Compliance
 - 8 weeks of documented compliance
 - 90 days of continuous, documented, clean UAs
- Process
 - Formal review will take place at the next scheduled team meeting.

Phase IV

- Mental Health plan adjustments and implementation
- Documented clean UAs
- Take all medications as prescribed
- Honest and truthful
- Follow all Mental Health Court rules
- Follow Judge's orders
- Regular payments toward fines and fees
- Restitution must be paid in full
- Court reviews, a minimum of one time every other month
- This phase may be completed in 2 months if all requirements are met and you remain sanction free

Graduation Requirements

- Timeframe
 - 2 month minimum
- Compliance
 - 8 weeks of documented compliance
 - 90 days of continuous, documented, clean UAs
- Process
 - Formal review will take place at the next scheduled team meeting.

Violations Leading to Sanctions

Violations

Examples of violations include:

- Unexcused absences from mental health sessions
- No show for appointments related to Mental Health Court
- Failing to take medications as prescribed
- Use of illegal substances, alcohol or other prohibited substances

Sanctions

Examples of sanctions include:

- Intensified or repeated treatment
- Increased meeting attendance
- Community service
- Penalty box (courtroom observation)
- Increased court appearances
- Jail time
- Commitment to residential treatment
- Termination from the program

Mental Health Court Participation Plan

Participant Name: _____

Case Manager Name: _____

(for purposes of this plan, Case Manager may also refer to primary therapist or treatment provider)

1. _____ / _____ Identify what lead up to legal problem and what changes can be made so that a similar situation is less likely to occur.
2. _____ / _____ Attend MHC as ordered.
3. _____ / _____ Stabilize my financial situation.
4. _____ / _____ Pay court fines and restitution, if that is part of my legal obligation.
5. _____ / _____ During the first three months of MHC participation, attend minimum weekly appointments with Case Manager.
6. _____ / _____ If medication is recommended, take medication as prescribed.
7. _____ / _____ Remain connected with Case Manager, and prescriber if medication is recommended, by attending appointments as scheduled.
8. _____ / _____ Complete all homework assignments
9. _____ / _____ Understand, to the extent possible, my mental illness.
10. _____ / _____ Develop skills to deal with symptoms, stress, and emotions.
11. _____ / _____ Establish and maintain appropriate housing.
12. _____ / _____ Establish and maintain a support system acceptable to Judge/ MHC team/Case Manager.
13. _____ / _____ If part of a family unit, include them in my recovery plan if doing so is beneficial to my well-being.
14. _____ / _____ Maintain employment, or a combination of employment and education.
15. _____ / _____ If referred by Court, MHC team, or Case Manager, attend and complete A/D treatment and submit clean UAs to document abstinence.
16. _____ / _____ Make recovery from _____ a part of my daily life.
17. _____ / _____ No further law violations.
18. _____ / _____ Comply with conditions of supervision if on probation or post prison supervision.
19. _____ / _____

Client Contract

Participation in a treatment court is an opportunity for you to make changes that will hold you accountable and, at the same time, give you the opportunity, support and structure to improve the quality of your life, to your personal betterment and to the benefit of those around you as family, friends, and community.

By initialing the following expectations, rules and regulations, I agree:

_____ **To attend and fully participate** in the 22nd Judicial District Mental Health Court Program;

_____ **To be honest** with yourself, the team, and everyone with whom you communicate while you are in this Mental Health Court Program. Never lie to the Judge. Even if you have something negative to report, it is better to be honest.

_____ **To be on time** for all court hearings as well as treatment appointments and other obligations. If you are not present at your court date, a warrant will be issued for your arrest.

_____ **To attend and fully participate in treatment.** Never miss treatment unless you are excused beforehand. No call/no show is unacceptable. You need to make an effort to fully understand your mental health illness. Your level of openness and participation will have a lot to do with how much and how soon you will see real benefits from treatment.

_____ **To make treatment and court a priority.** Schedule outside appointments (doctor, dentist, haircuts, etc.) around your program schedule. Even work must be adjusted to make treatment and court attendance a priority.

_____ **To be respectful** in Court, in treatment and with those around you. This means not only how you dress, but how you act. In court, wear appropriate clothing. No exposed midribs or open shirts. No shorts, tank tops, sunglasses, hats, gang, drug or alcohol references. Be respectful of others. Pay attention.

_____ **To abstain** from the consumption of illegal drugs and alcohol. Don't possess or have other access to controlled substances or alcohol. Abuse of prescription drugs is also not tolerated.

_____ **To keep good company.** Do not associate or otherwise hang out with people who use drugs, have used but are not in recovery or who can otherwise be a bad influence. Do not go places where controlled substances are used, kept or sold. If you are at a location where controlled substances or people who have used them appear, leave immediately. Know what, or who, your “triggers” are and avoid those people, places and things. Stay out of taverns, bars and any other place where alcohol is served.

_____ **To attend and participate in self-help recovery.** If you have a substance abuse problem, you will be required to attend three (3) self-help meetings per week – including AA, NA, DDA, Celebrate Recovery, or A.C.T.I.O.N. You must bring a signed meeting slip to Court at each appearance. If required to attend, you will be expected to obtain and utilize a sponsor.

_____ **To communicate.** Report changes in significant areas of your life, whether those changes are good, bad or indifferent. Report when you get a job or a change in your employment. Report housing changes immediately. Additionally, you will need to report changes in your relationships and household. Progress in treatment is always worth reporting. Remember, the program will help you celebrate your achievements as well as hold you accountable for misconduct or areas in need of improvement.

_____ **To stay crime free.** Obey all laws. If you are on probation, follow your conditions of probation. In plain terms, do not harm anyone and stay out of trouble with the law and your community.

_____ **To not work with the police departments are a confidential informant.** It is not in your best interest to work “undercover” or otherwise be around people actively involved in drugs.

_____ **To not leave** the State of Oregon without permission from the Judge, or your probation officer.

_____ **To maintain good mental health.** Drug addiction is often preceded by or accompanied by depression, anxiety or other mental health issues. You must address those issues with professional assessment and help. Studies show that cyclical relapse is often related to a failure to address underlying mental health issues.

_____ **To seek good health and balance.** Good nutrition and eating habits, exercise, hygiene, proper rest, appropriate relaxation and a positive outlook are not only good for everyone, they can be essential to sustained recovery. Studies also indicate that a healthy spiritual life often enhances long-term recovery.

_____ **To stabilize** my housing and financial situation. I will seek and maintain employment, or a combination of employment and education.

_____ **To just do it.** When your treatment provider, probation officer, DHS caseworker or the court set specific tasks or objectives for you, get it done – no excuses. Do the right thing, that’s the bottom line.

I have read, understand, and agree to abide by the terms of this contract, including the program rules and regulations herein. I understand that failure to comply with the terms of this contract may result in a referral to Court and could jeopardize on-going participation.

Client Signature

Date

Witness Signature

Date

Client Rights

All program participants shall be treated equally regardless of race, color, sex, pregnancy or pregnancy-related conditions, age, religion, national origin or disability. Additionally, the 22nd Judicial District Mental Health Court Team shall reduce language barriers to all persons with a Limited English Proficiency (LEP) that can preclude meaningful access to important benefits, rights, program information and services. In addition, each person receiving services from Mental Health Court will have rights, which include, but are not limited to, the following:

- To be accorded dignity in any relationship with staff and other individuals.
- To be accorded safe, healthful, and comfortable accommodations, furnishings, and equipment to meet his/her needs.
- To be free from intellectual, emotional, or physical abuse.
- To discuss any action regarding my case with a representative from the Mental Health Court team.
- To be informed of all fees and payment requirements for participating in treatment services and opportunities for a reduced fee.
- To speak to a counselor or agency representative about other public or private services or resources that may be available to me.

Complaints should be directed to:

Amy Bonkosky, Trial Court Administrator
22nd Judicial District
Jefferson County Courthouse
75 SE "C" St., Suite C
Madras, Oregon 97741
Phone: (541) 475-3317

Acknowledgement:

I have personally been advised and have received a copy of my personal rights and have been informed of the provisions for complaints at the time of my admission to Mental Health Court.

Client Signature

Date

Witness Signature

Date

Graduation Requirements

In order to successfully complete the Mental Health Court program you must:

- Complete all four (4) phases of treatment
- Have paid restitution, court or imposed fines, fees, etc.
- Submitted an application for graduation to the Mental Health Court team

Upon successful completion of the program:

- You will have a judiciary graduation ceremony at Mental Health Court
- The Court will dismiss the charge with prejudice and the District Attorney may not prosecute it in the future
- You may file a motion to set aside the record of arrest if applicable under ORS 137.225

I, _____, authorize the 22nd Judicial District Mental Health Court to send invitations to interested parties, requesting their attendance at my graduation from Mental Health Court. In addition, I authorize press releases and pictures to be distributed to local media outlets. I understand that this is to honor my accomplishment and to promote the Mental Health Court Program.

Participant

Date

Witness signature

Date

We are excited to have you entering our program. We wish you well and please let us know if there's anything we can do to assist you!

Mental Health Court Contacts

Jefferson County

Judge Annette C. Hillman 541-475-3317
Circuit Court Judge, 22nd Judicial District

Bestcare Treatment Services 541-475-6575
Treatment Provider

Jefferson County Probation 541-475-6145

Steve Leriche 541-475-4452
Jefferson County District Attorney

Dave Glenn 541-475-2272
Defense Attorney

Timothy Gassner 541-475-2272
Defense Attorney

Paul Sumner 541-475-7277
Defense Attorney

Jennifer Kimble 541-475-4500
Defense Attorney

Fred Bennett 541-475-0384
Defense Attorney

Jered Reid 541-475-1111
Defense Attorney

Other:

Monthly Planner

Month: _____ Year: _____

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday